

NORFOLK

LORE

DEDICATION



This year the magazine is dedicated to old times and new: to the good things that happened in the past and to the better things the future will bring.

EDITOR'S NOTE

A magazine is really only a compiling of the work, thoughts, and feelings of a group. That group in this case consists of the students of Norfolk House School.

Well, here they are, Norfolk! These are your ideas, and this is your magazine. Thanks to all the people who gave their time and energy to the magazine and best wishes to the magazine staff of next year.

The Editors,
Kelly
Carole
Cheryl



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Assistant Editors: Carole Tait, Cheryl Vickers

Sports: Briony Penn

Senior Literary: Andrea Doyle

Junior Literary: Louise Hole

Photography: Ingrid Recalma

Advertising: Karen Hambleton, Diane Balderson, and members of Grade 11 class.

Special Events: Nina Bland

Art: Marietta Crofton, Lise Moreau.

Commercial Photography: Simpson Studios

Special thanks to Mr. Gardiner for sports' pictures, Mrs. Morris for pictures of the Christmas Concert and Mrs. Allin for her much appreciated help in the Art section. We would also like to thank Mrs. Williams and Miss Flynn for articles and Mrs. Penn as our advisor.

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MISS SCOTT'S MESSAGE



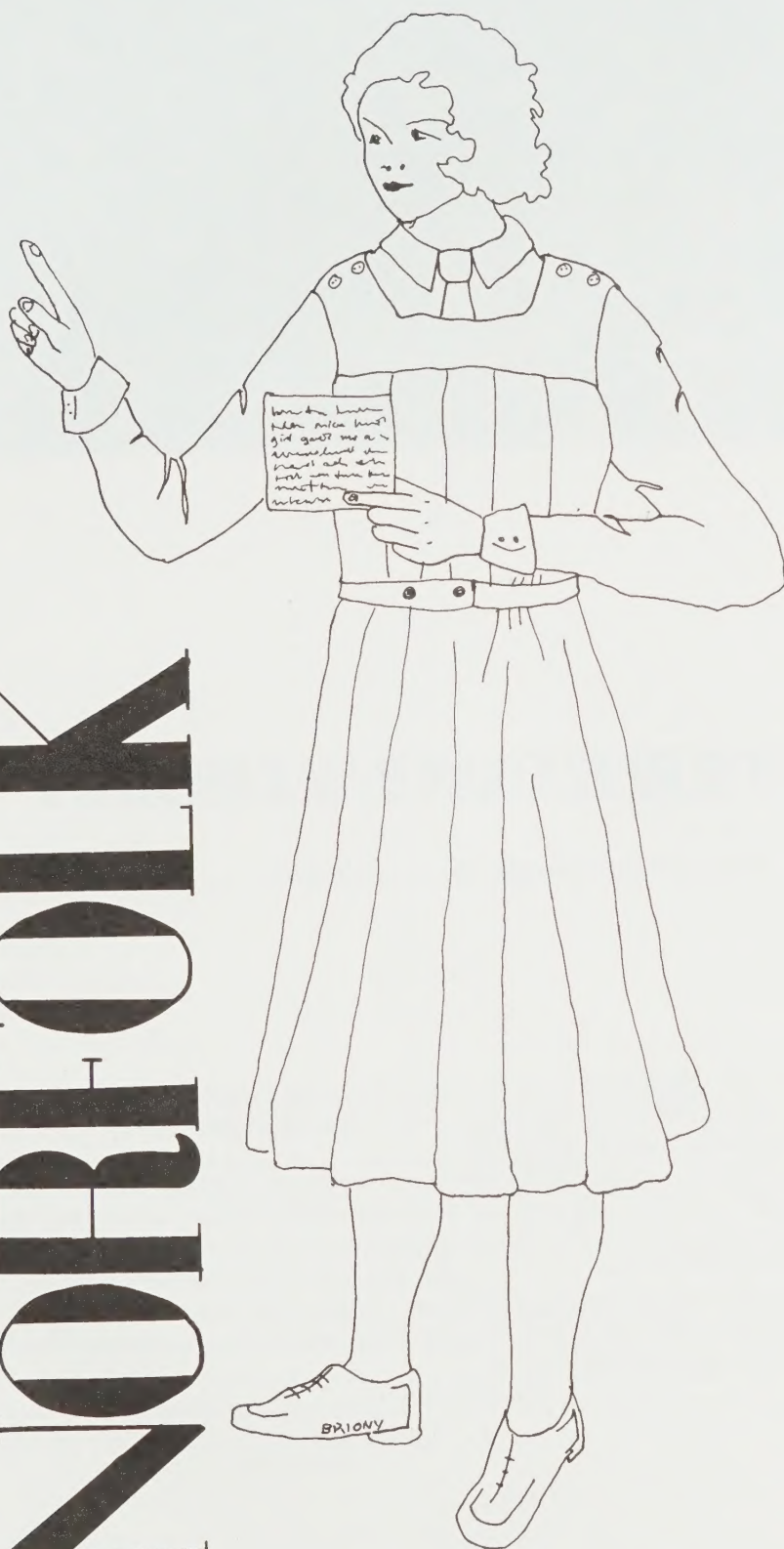
Each year I try to write something for the Magazine that I hope you will think about. This year I want to write briefly about service.

There are, basically, two kinds of service. There is the service which is given by someone who is employed to do a job. They do render a service and the quality of it can be of an exceedingly high order. However, this message is concerned with the second type of service. The kind of thing that people can do for each other, without expectation of reward. It includes, of course, volunteer work, but it also includes the many small acts of kindness which an observant person can do in any and every area of their life.

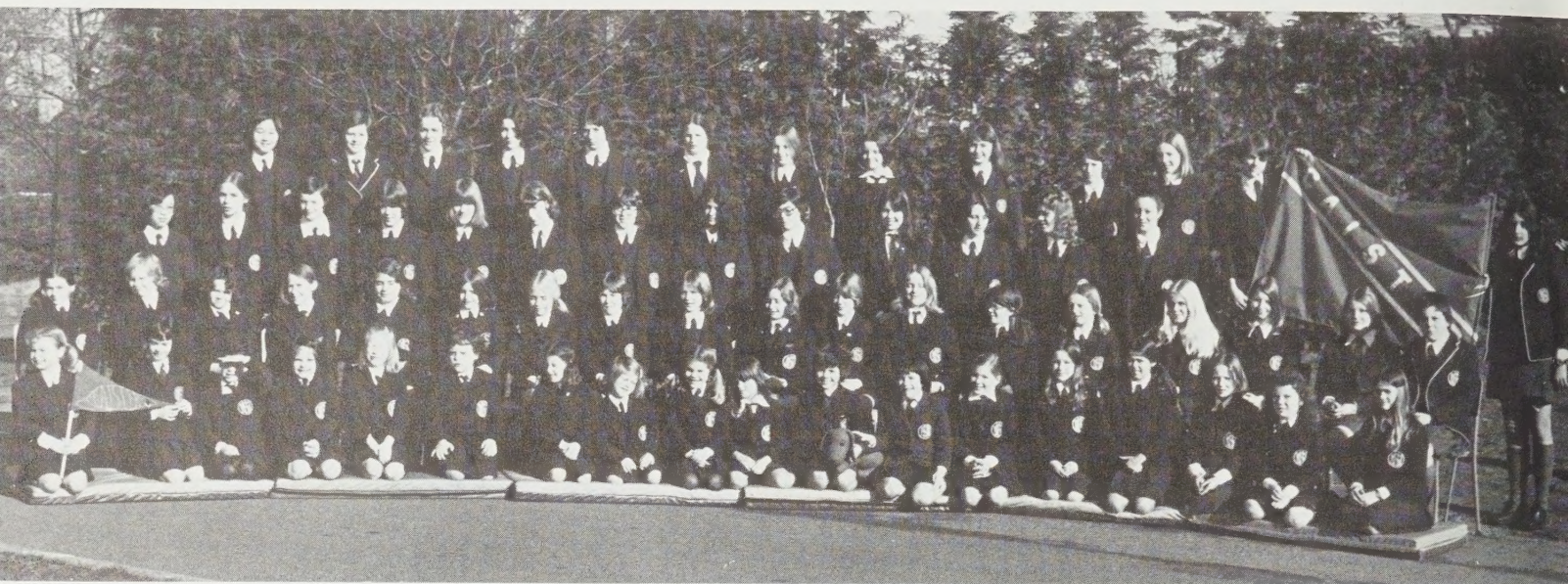
Our school world is a very busy place with many and varied activities. It is all too easy to be so concerned with what you are doing yourself that you forget to see whether there is a small service that you can render. Perhaps it means taking a few minutes of noon hour to help some of the younger girls to find something useful to do. Perhaps it means waiting a few moments to help to leave a classroom or gym in good order at the end of the day. Perhaps it means taking a moment to pick up litter that somebody has been thoughtless enough to leave behind them. Or it may mean volunteering for some of the activities which are available through one of the school clubs. People who do take the time to give this extra service will find their own lives immeasurably enriched. They will learn more about people and more about successful living in our society. Those who become so involved with their own activities that they do not have time, or are not interested, in observing the needs of others become increasingly self-centered and, as the years go on, often increasingly lonely and unsuccessful in their personal relationships.

So I urge each one of you to think about what service you can render and where. Where you can help, whether in an organized way as a volunteer, or in the small daily ways at home and in school. As you find these ways, you will find that they give you, yourself, a rich reward.

NORFOLK



CLUES



CAISTER HOUSE REPORT

Motto: "Caister (wo)men never turn back."

CAPTAIN: Alexandra Allen

VICE-CAPTAIN: Briony Penn

SECRETARY: Lise Moreau

JUNIOR CAPTAIN: Katarina Hartwig

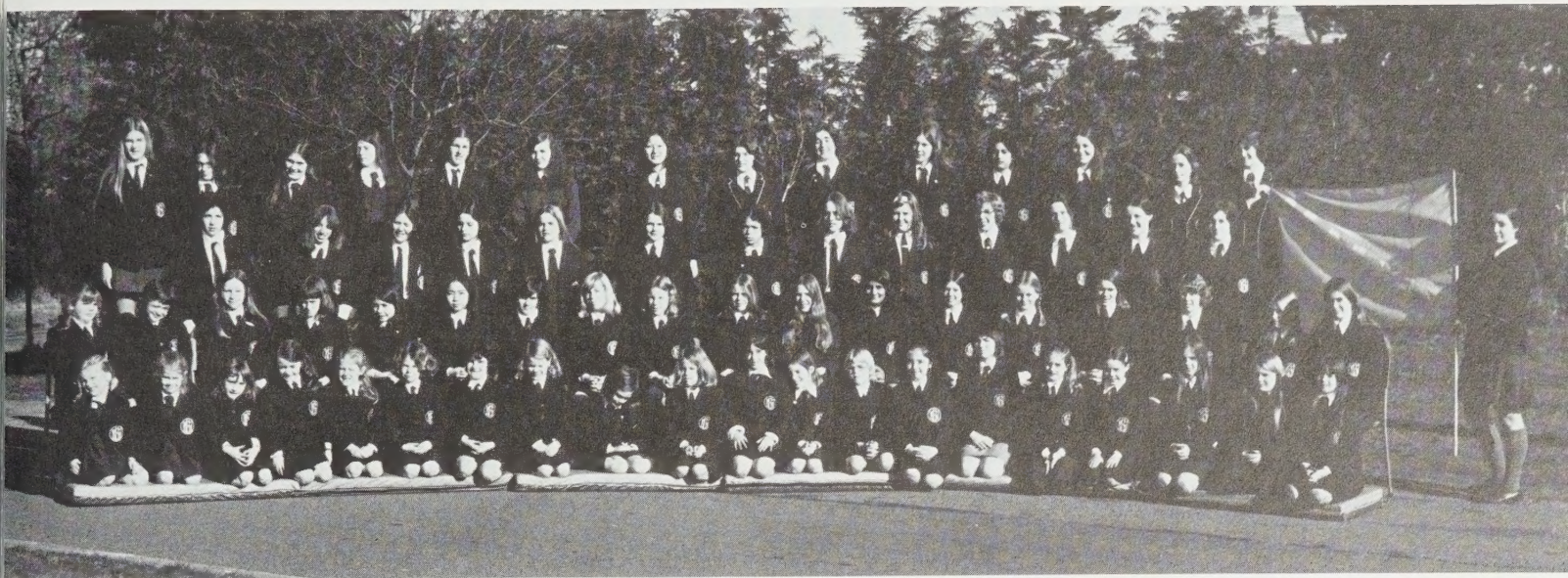
Well, Caister, it's been a most stimulating year. We've seen some good teamwork in a splendidly varied programme. Many things impressed me: some helping hands, fine teamwork, and clever techniques. There was, for example, the Cricket Revolution, in which an effect of an angry mob "booing Caister" was so well played by so few players.

But, honestly, I was rather frightened in being a house captain if I can't even announce a message in assembly, can you imagine what I'm like in a house-meeting? One situation remains in my mind, of a house-meeting I held. I, having nothing valuable to say, but diligently holding a house-meeting, began with, "well, I don't have anything important to say..." The entire house filed out of the room, leaving me to continue alone. But, all in all, it has been a fantastic year and I will miss everybody greatly.

To conclude, I would like to thank: Katarina Hartwig as my faithful Junior Captain; Dawn McLean for always being available; Briony Penn for helping me cut the cakes, and especially Miss Gilroy for supporting the house with caution. There is an infinite amount of helpers, but for all of you Caisters I thank you for your togetherness.

Good luck to all.

Alexandra



DEREHAM HOUSE REPORT

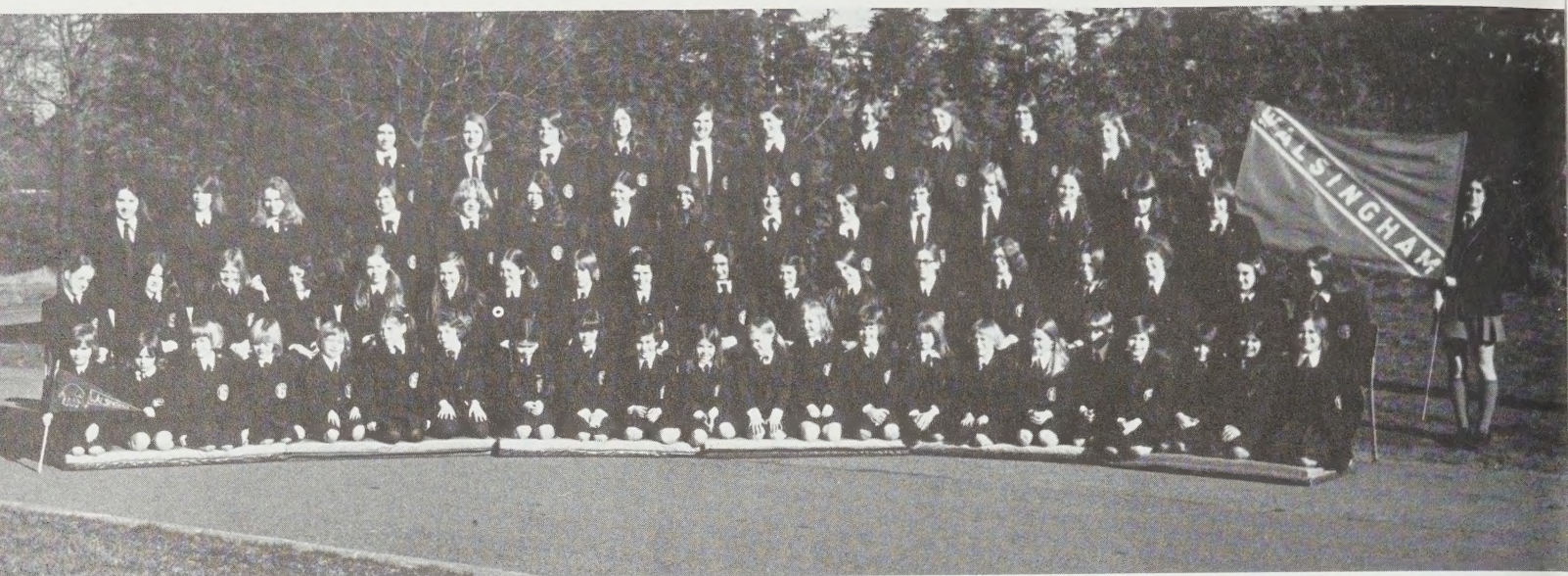
Motto: "United We Stand Divided We Fall"

CAPTAIN: Patricia Rankin
VICE-CAPTAIN: Marietta Crofton
SECRETARY: Jenny Bland
JUNIOR-CAPTAIN: Susanna Crofton

I have greatly enjoyed my year as House Captain of Dereham. Being a somewhat reserved person, I found the prospect of such a position rather daunting at first, but soon discovered that it wasn't all that bad. The one vital prerequisite is a loud voice to quell the chaos at unruly house meetings. I would like to take this opportunity to praise the little people (and I mean that literally) who form Dereham's backbone. The girls from grades one to seven have earned most of the points we have accumulated over the years. They have entered into all activities with an enthusiasm which is truly a pleasure to see. At the age of thirteen or fourteen a certain disillusionment seems to set in and nip team-spirit in the bud. However, the seniors have acquitted themselves well on several occasions, winning both the Senior Volleyball and Senior Hockey.

The latest House activity to date has been the House Choir Competition for girls from grades four to twelve, which took place on March 17th. Though not as well-prepared as we might have been, due to a last-minute change in songs, everyone rose admirably to the occasion, with the result that we won second place. In connection with this event, I would like especially to thank Diana Graeme who contributed to the organizing of the choir just as much if not more than I did. Marietta Crafton and Kathy Pollen also deserve a vote of thanks for the help they have given during the year.

Patricia



WALSINGHAM HOUSE REPORT

"Never Despair"

CAPTAIN: Sue Horner
 VICE-CAPTAIN: Andrea Doyle
 SECRETARY: Sally Cupples
 JUNIOR-CAPTAIN: Sarah Goult

Dear Walsingham,

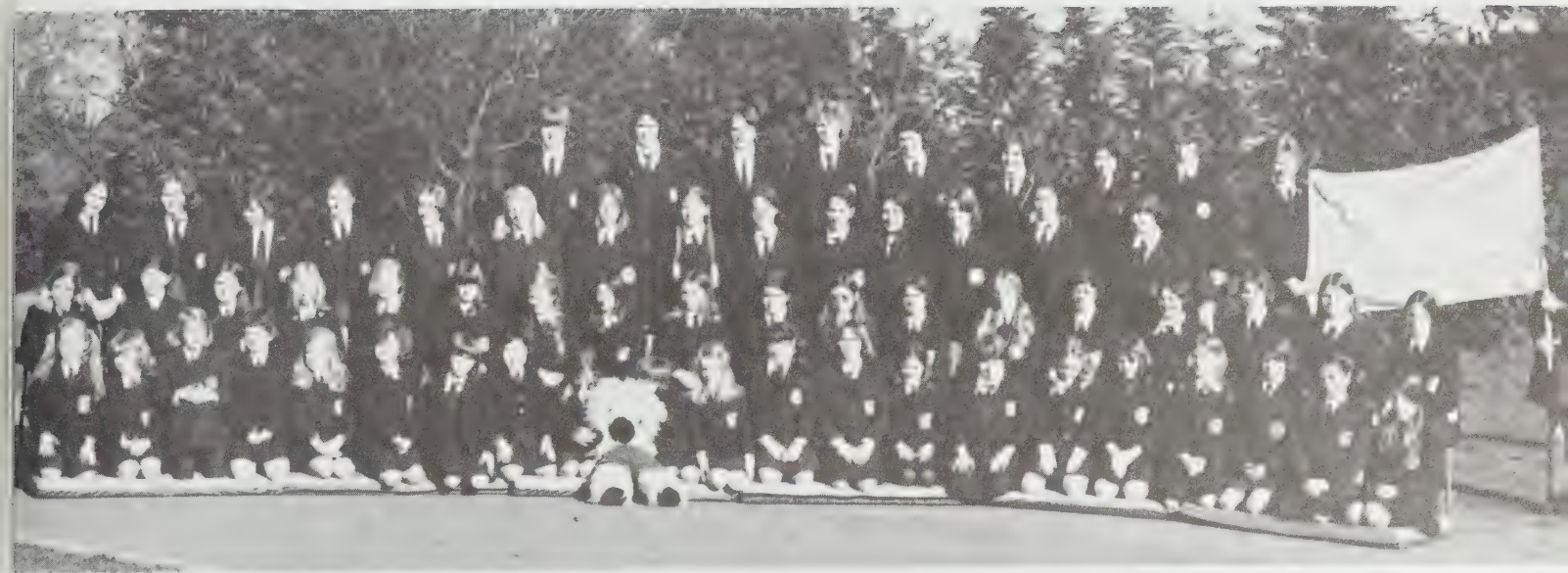
What's a Walsingham? When you're asked that at the beginning of the year by several small girls, you're quite tongue-tied as to what to answer. You try to explain the house sports and competitions, but your explanations go right over their heads. Finally, you give up and say, "Walsingham is purple."

All year, you Walsinghamers have shown spirit and enthusiasm which has echoed our motto "Never Despair" on house sports, no matter how far you were behind in the score, you never gave up! Sometimes it paid off with you pulling away for a victory, while other times you just couldn't quite make it. But, it is your spirit that counts, not the actual winning or losing. In spirit you've been absolutely fantastic and I've been very proud to be your captain.

Although there have been several outstanding performers in Walsingham, we've come as far as we have by working as a team. We would never have made it if we had not worked together. Remember this for the future; no matter how enthusiastic you are, if the teamwork falls apart, the team will fall apart also. I want to thank the whole team by mentioning all seventy-four of your names, but there is not enough space. THANK-YOU ALL - You've made this a great year for me. I would like to thank Joanna, Andrée, Alison and Andrea personally for their help and never failing support. And, thanks to Sarah for doing such a good job at junior captain.

Now, at the end of the year, all you girls who asked me what a Walsingham was at the beginning of the year are wrapped up and have been carried along by the spirit and enthusiasm of being a Walsingham. You are now all wearing your purple banners proudly. Thanks.

Love
 Sue



WYMONDHAM HOUSE REPORT

“Keep our gold the purest, the brightest and the surest.”

CAPTAIN: Debbie Page
VICE-CAPTAIN: Kelly Woods
SECRETARY: Patricia Ostensoe
JUNIOR-CAPTAIN: Missy Couvelier

Dear Wymondhamites,

Well, it has been quite a year for Wymondham. And I must say, it's been a year of marked improvement for our beloved house; but there is always room for more. I'd like to leave behind to present and future Wymondhamites a very appropriate quote:

“Nothing great was ever achieved without enthusiasm” - Emerson.

House spirit is a very important aspect of school life at Norfolk, but you only get out of a house what you put into it. As a house-captain you realize how important house support is. What I will remember of my year as captain of Wymondham is a junior shouting across the field, “Debbie, I got two more house points”, and the unbelievable teamwork in Senior Hockey and Volleyball.

Always remember, no matter what grade you're in or how athletically inclined you may be, you have a yellow ribbon, so wear it with pride and get involved in every aspect of the house events. You may come last, but the fun and spirit achieved counts more.

I would especially like to thank Kelly, Pat and Missy whose extra support meant a great deal to me. A special thanks to the Juniors whose enthusiasm and house spirit were fantastic. Although it's harder for the Senior School to earn house points, your involvement was great. Thanks Mrs. Ward, thank you for being our ever faithful house mistress.

In conclusion, I would like to thank all of Wymondham for the honour of being your house-captain. Enjoy the future years at Norfolk by participating just as fully in your house. I'm sure your next house-captain will be as proud of you as I am. Good luck always and bear in mind:

“Keep our Gold the Purest, the Brightest and the Surest.”

Deb.



STANDING, BACK, Left to Right: C. Vickers, L. Donaldson, C. Pollock, K. Molloy.
 STANDING, CENTRE: C. Simpson, J. Vickers, D. McLean, M. Dennett, C. Hay, Mrs. Morris, D. Williams, I. Recalma, L. Madill, V. Horner.
 SITTING, BACK: C. Locke, M. Crofton, A. Newberry, S. Fisher, P. Cowman.
 SITTING, FRONT: T. Crofton, D. Farlowe, S. Cavaye, K. Barr.

SOCIAL SERVICE REPORT

PRESIDENT: Alison Newberry
 VICE-PRESIDENT: Marietta Crofton
 SECRETARY: Susan Fisher
 TREASURER: Cindy Locke.

This year the Social Service Club has been involved in many community activities.

There were volunteers visiting patients at Mt. Tolmie Hospital. Along with the visitors, the Folk Club under the leadership of Cheryl Vickers, spread their Christmas cheer by singing Christmas carols around the hospital.

We sent Christmas hampers out to four needy families in Victoria.

At Hallowe'en we had a pumpkin sale and raised forty-four dollars. This was made possible by Commander Crofton's generous donation of several hundred pumpkins.

Pam Cowman has made a lovely afghan which will be on display in the Eaton's department store window as a Victoria Red Cross Youth Project.

Congratulations to Alison Charbonneau and Shannon Smith in Garde six for winning our smartie guess.

This year, as last year, we are having a Greaser Day, this is causing a great deal of excitement in the school.

I would like to give special thanks to all the executives and room representatives.

I would also like to extend my appreciation to Cathy Pollock, Kathy Molloy, Dee Williams, Ingrid Recalma, Dawn McLean, and especially Mrs. Moms and Miss Scott for all their support without which I could not have managed. Good luck to next year's president and always remember:

"When the going gets rough, the rough gets going."

Thanks everyone,
 Alison



STANDING, Left to Right: C. Vickers, A. Newberry, A. Doyle, V. Horner, L-M. Greene, S. Cupples, C. Hay, D. Bains.

SEATED, Left to Right Clockwise: P. Ostensoe, C. Woods, F. Valji, C. Hitchmough, G. Wilkinson, L. Moreau, A. Allen, D. Page, T. Henderson, J. Vickers, M. Alexander, M. Clews.

DEBATE CLUB REPORT

PRESIDENT: Cathy Woods
 VICE-PRESIDENT: Cheryl Vickers
 SECRETARY: Andrea Doyle
 SPONSORS: Miss Gilroy
 Mrs. Penn

Debating has had more support than ever this year, and our team has done exceptionally well. At the Ravenhurst Debate Cathy Woods came top senior speaker and won a place on the six-member B.C. team to the Western Canada Debating Seminar.

At the Newman/Fisa Debate Norfolk had the most individual awards: Cheryl Vickers placed third senior negative, Gina Wilkinson second junior affirmative and Cathy Woods first senior affirmative. Both Gina and Cathy participated in the Exhibition Debate.

We are sending an eight-member team to Kelowna for the Hammarskjold Cup Debate, which is the Provincial Championships. This will be a three-day expedition and we hope to have a good time and expect to do very well.

-Once again thanks for the support, both of debators and spectators.

Cathy

LIBRARY COMMITTEE



SITTING, Left to Right: A. Newberry, K. Pollock, K. Molloy, C. Haye, V. Horiver, M. Alexander, M. Clews, J. Vickers.
STANDING: D. McClean, Mrs. McCormick, A. Doyle, L. Donaldson, L. Hole, P. Cowman, M. Dennett.

CHOIR



STANDING, BACK ROW, Left to Right: L. Donaldson, A. Paine, A. Newberry, C. Vickers, K. Molloy.
STANDING, SECOND ROW: D. McClean, E. Dyson, M. Dennett, D. Graeme.
STANDING, FIRST ROW: M. Alexander, J. Wickinson, C. Haye, M-M, Chung, A. Cheuk, Mr. Thomas.

Miss Atkins



IN MEMORIAM
DORA WINIFRED ATKINS
1885-1975

On June 25, 1975, Norfolk House lost its second headmistress, Dora Winifred Atkins, in her 90th year. Before retiring in 1956 she had served the education of girls in Victoria for 43 years.

Miss Atkins, one of 12 children of an English Anglican Clergyman, emigrated in 1913 to help her colleague at Norwich High School, Miss Julia McDermott, run a small school in Christ Church Hall. Later they moved to Oscar Street and in 1917 Miss Atkins took over when Miss McDermott married. The next move was to Granite and Amphion Street where they remained until the black and white building we know today was built in 1931.

A classical scholar, this frail-looking, sweet-faced woman ran the 12 grade school and boarding house with very little help or practical knowledge of business. She instilled manners and a quiet modesty with a deceptively firm hand which belied her gentle appearance. Shy of large crowds she never held assembly but taught Scripture and Classics in a well modulated voice.

From 1928 she was aided by Mrs. Ivy Cheetham with whom she retired to 900 Byng Street until her health forced her to spend her last years in a nursing home.

In 1976 we are moved to remember with love and affection this quiet woman whose pioneering energy and devotion built the ideals we embrace today.

R.M.P.

IN MEMORY OF HELEN LOUISE WILSON
1956-1975



Helen Wilson attended Norfolk House for twelve years and in that time became well known and well liked. It was therefore with a common sense of grief we learned of her death on September 14, 1975.

Helen was a remarkable girl, partly because of her tremendous involvement in life but mainly because of the spirit behind that involvement. At Norfolk House her energy was demonstrated in almost every area of school activity, drama, debating, tennis and hockey and only a few which come to mind. In grade twelve she was an honest, enthusiastic House Captain and Prefect.

But there was more to Helen than the average, for every hundred all-round school girls there was only one who had the joie de vivre she had. Unlike many of her contemporaries Helen had a clear view of where she was going, and she didn't waste a moment on her way there.

"Perhaps that is the legacy she has left us - to live life and love life to the fullest. It is what she did best. By remembering her, and learning from her example, we can be sure that the light she brought into our lives will never go out."

--a friend

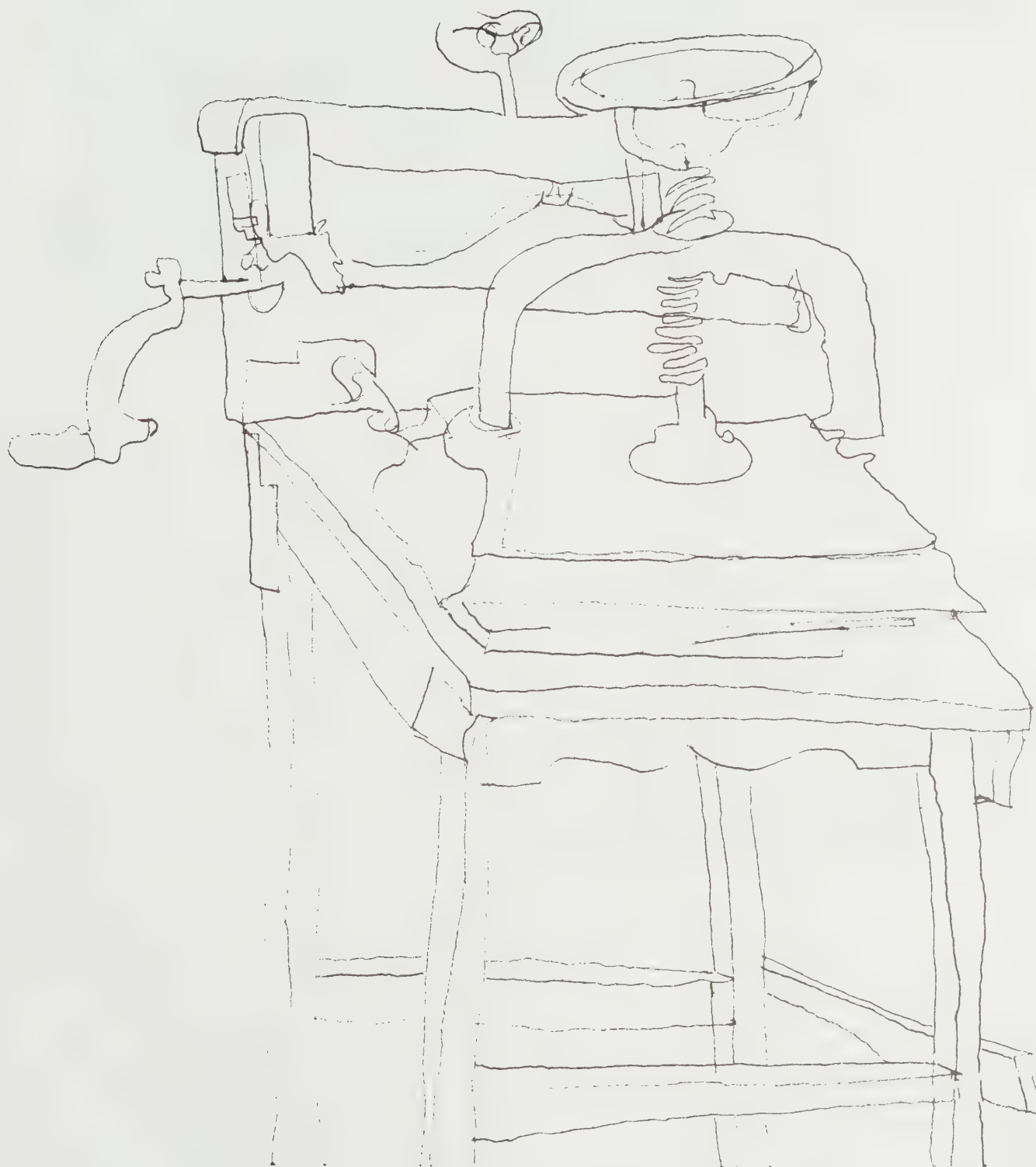
NORFOLK



ART



Alison Moat Grade VIII: Design for creative stitching



Contour Drawing of Art-room Press: Andrea Doyle
Grade XI

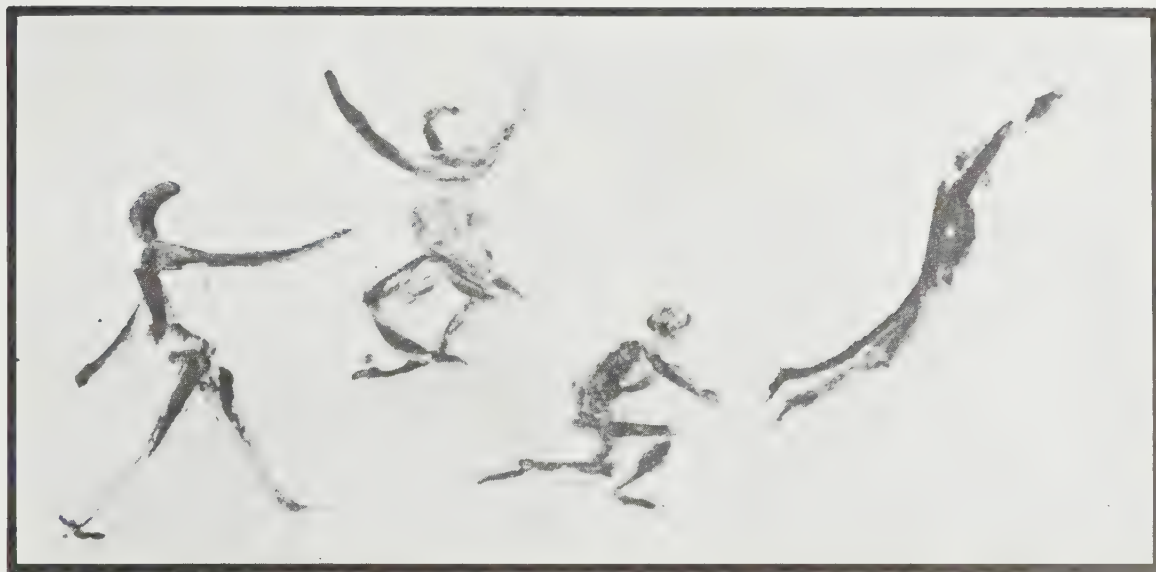


Papier Maché Puppets:
Grade VII

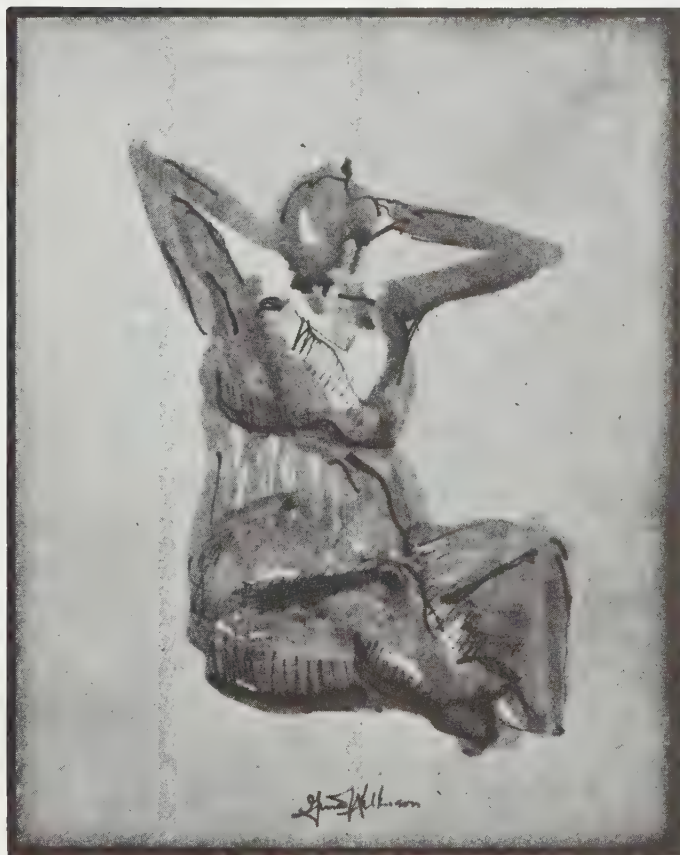


Papier Maché Insects
Grade VIII





Gestures: Gina Wilkinson
Grade X



TOP ROW, Left to Right: POTTERY: Cathy Higgin, Louise Hole.
BAG: Andrea Doyle. Grade XI



Pen and Ink: Briony Penn, Grade XI





Susanna Crofton Grade 8M: Pen and ink texture drawing

NORFOLK



LII

A REBEL'S LAST WORDS

They're lots of teachers in this school
Who are quite strict as a rule.
They are all unique in their own way -
For writing this poem - I'll probably pay.

We have lots of questions and are ready to have fun.
Shall we unpin Mrs. Gardiner's bun?

We have a teacher who deals in P.E.
My, oh my, but she is wee.
She calls the garbage a rubbish bin.
You guessed right, it is Miss Flynn.

Our History class is rather a myth -
If you don't believe us, ask Miss Smith.

To learn about our sacred earth
We have a teacher who gives her worth.
During our class she's a real "kill joy"
But after class she's all Gilroy.

Our English course is really quite rough.
Homework lasts from five until ten.
Even when the going's tough
All you need is paper and Penn.

Math is quite a lovely lesson.
This is my only confession.
So in this lovely rhyme and chorus.
I'll add the name of Mrs. Morris.

There is a member of staff
Who always looks like millions,
And so in this poem - I'll mention Mrs. Williams.

At Norfolk we have another Stalin.
You don't rock the boat with Mrs. Allin

But at the top we have a lady
Who never gives a deal that's shady.
She tells us what to do and what not
Her name of course is - Miss Scott!

All in all I love the school,
And that's the way it is.
I'm sorry if I played the fool
But I had endless bliss.

Anonymously,
Joanna Greenwood
Grade 12

A NEAR MISS

A train came thundering down the track.
He would never stop, he wouldn't go back!
The bridge at the end of the line was broke,
If he crashed the poor train would go up
in smoke.

The bridge became closer. Oh dear! and oh my!
The driver, the people, they surely would die!
Then all their friends and relations would cry,
For the widows and orphans they'd all heave a
large sigh.

Then the driver pulled on the lever to stop,
The coats, hats and scarves met the floor
with a plop.
The food was all spilt, while the train gave a tilt,
Which stayed on the track that was
very well built.

Stop, stop! The train wheezed with a
great mighty plop,
It seized, and boiled, and ground and flopped!
But nevertheless the train was stopped.
And onto the ground the passengers
dropped.

Phillippa Jackson
Grade 7

WAR

Boom goes the cannon,
The deadly field alight.
The men who went to war
For their country they did fight.

The eerie sound of gunshot,
The yell of men who die:
This is a useless battle.
Over the grass they lie.

And when the battle's over
The field is quiet and stilled
The bloody remains of men.
By madness, they were killed.

Katherine Gibson
Grade 7

LEISURE? ? ?

Wicked child, how do you dare
To find the time to stand and stare?
While time is passing on the clock,
You have the laziness to gawk -
Watching squirrels in the grass,
Good Heavens, child, how will you pass?
Wasting time in broad daylight -
Listen, child, this is not right!
You should work hard on your sums,
Not stand there gaping, silly wench.
Now, my girl, at me don't smirk,
Away with you, get back to work!

Elisabeth Köster
Grade 8

With apologies to W.H. Davies.

SEA HORSE

Swirling, waving,
Whipping its frothy white mane;
Charging, then retreating,
Back and forth:
Rearing, it beats its slender legs,
Till it falls back into the sea,
To become once more...
...a wave.

Jane Churchill
Grade 8

BROTHERS!

Younger brothers are a curse,
Dirty, noisy, messy, worse.
Always taking, never giving,
They take the fun right out of living!

Elder brothers are just as bad,
Giving the impression that they are mad.
And even when they take you sailing,
They make SURE sister does the bailing!

Imagine the poor girl with both of these,
Barely ever daring to breathe,
Teased and tormented, pinched black and blue,
What in the world can the poor girl do?

Elisabeth Köster
Grade 8

THE HOLY NIGHT

The moon arose
The sun went down,
The stars they shone
Like a golden crown.

The Milky Way
It shone so bright,
And Venus glowed
With all its might.

And on this night
A king was born,
In swaddling clothes
All tattered and torn.

And on this night
A king was born,
The angels sounded
The trumpet and horn.

Katherine Gibson
Grade 7.

LOVE

People sing it
Lovers feed it
Children need it
Mothers feel it
Babies breathe it
Peace reflects it
Friendship helps it
Humans crave it
God doth make it.

Terry Henderson
Grade 8

HALLOWE'EN NIGHT

On Hallowe'en night there are witches in sight.
Goblins, ghosts, "oh! what a fright! "
Ghosts and goblins all in sight,
All this happens on Hallowe'en night.

Juliet Fox
Grade 4

VALETE

Good-bye, school years! I can only say
Sadly I see them passing away,
Passing away hopes and fears,
The joy and pain, the smiles, the tears,
That came to me in all these years.

Good-bye, school years! With words of grace
Leave me to whoever takes my place
And say, old year into new,
"Happily, carefully, carry them through,
For much, I have yet to do! "

Alexandra Allen
Grade 12

SNOW

Snow will soon be here;
Birds will fly south quite near.
Snow will soon be here.

Children playing quite near
I hope it will get very near.

Snow will soon be here
If it will be deep we'll be in
Lots of fear.

Veryan Angus
Grade 3

A THOUGHT

If wrds wre spelt as they sound, watt
an esier wrld this wood bee...

Louise Hole
Grade 11

LEAVES

Swirling and shining,
The leaves do blow,
Tripping and jumping,
So far do they go;
They twirl and they fall,
Mostly the big ones,
But sometimes the small.

Marjorie Bell.
Grade 8

SEASONS OF THE HEART

The Surf tongued the pebbled shore;
The air was sweet and tender;
Their vows of love said "evermore",
So to happiness surrender.
Yet time did tell upon that love
When rain was full and plenty,
And likened to the restless dove,
She stole away, flew gently.
Away, away, from loves strong bonds
She flew.

Gina Wilkinson
Grade 10

FRIENDS

Friends — they fall so carelessly around you;
Like the rain.

And yet each one I count a treasure;
Each one a priceless gain.

Always a smile, instead of a frown,
Always a hand, when one is down;

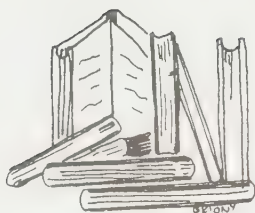
Always true, thoughtful and kind,
Wonderful memories we leave behind.

Denise Nelson
Grade 10

BOOKS

Books of poetry,
Books of prose,
Stacked on shelves,
Rows, and rows,
Patiently waiting
For somebody to
Pick them and take them
And read them right through.

Elisabeth Köster
Grade 8



WIND

The wind blew silently across the land,
blowing away traces of careless man.

Louise Hole
Grade 11

SWAN SONG

The fluent lines of a swan in flight,
Contort to an S-shaped, water-tight,
Down-coated, slender-necked, pure Snow-White.

The water dances in circles away,
As moving serenely, the swan heydays,
At the sun-streaked world and roundelays.

The paddles of feet are silent. Still,
Power emerges, strong like a treadmill.
Soft feathers hang down like cambric-frill.

More waves dart outwards, a fish is ensnared.
Another meal-passes, White goddess has fared.
Into flight, she now has prepared.

Two silken sails outstretch and splay
The wind. Retracted carriage out-of-way.
The simple sphere-like swan away.

Briony Penn
Grade 11

THE WILD WOLF CRIES LOUD

The wild wolf cries loud
Among the tall pines,
It cries of sadness
Because it's winter time.
It howls loud and clear
Because it's winter time.
It howls loud and clear
Because its mate has gone
It howls slow and low
Because the sheep have gone.
I hear its call
I hear its cry,
As in my bed
I quietly lie.
It keeps on howling
All day long.
Slowly, silently
Trotting along
I'm sad for it
And it's sad for me,
Because I'm at home
And he is free.

Eve Egoyan
Grade 7

RABBITS

Rabbits hop.
Rabbits flop.
Town rabbits,
Brown rabbits,
City rabbits and
Pretty rabbits.
I like rabbits.

Juliet Fox
Grade 4

PROGRESS OF TIME

Time is an element of forever
No matter what happens,
If the worlds die and suns go out,
Time will go on for eternity.

Time is a merciless killer.
It will kill anyone or anything.
"In time, all in good time,"
As the saying goes.

Time leaves its reminders here and there:
An Egyptian mummy,
Cavemen drawings and dinosaur bones,
The Great Wall of China;
Just reminders of times gone by.

But what of times to come?
What will they thrust upon us?
Atomic weapons,
Bacteriological warfare,
An over-populated world?
Just reminders of times to come.

S. Kahl
Grade 9

DON'TS

Don't do this
And don't do that,
Don't climb that tree
Don't touch my hat.

Don't get dirty
Don't be bad
Don't roll on the grass
And don't get mad.

Don't is what
I hear all day
Please don't,
Would you go away?

By Shauna Cavaye
Grade 5

RIDDLE

What can go through
The water and yet
Not ever become
The least bit wet?
Answer: Sunlight

Shelley Fife
Grade 7

THE MOON

One night I peeked out from my window,
And oh, what a splendid sight!
For there in the sky the moon
Was dancing and looking so very bright.
It looked like a nice big yellow ball,
That was almost hidden by trees,
And as soon as the first crack of dawn came,
It slithered and slipped away.

By Hilary Logan
Grade 6

THE WATERFALL

On the crest of a mountain, a serene, crystal-clear lake, like a mirror, reflected the azure sky. The little stream which stemmed from it meandered aimlessly down the mountain, unaware of its magnificent finale. It giggled and gurgled and gathered speed as it swirled down the mountain. Presently the slope steepened, and as the stream became careless, it tripped and tumbled over the rocks, laughing gaily. Faster and faster it whirled and gushed down the mountain until over the crevice the stream, drunk with excitement, went crashing down — down — down, pounding the rock as it sprayed rainbows of colour. So overwhelmed was the stream by its magnitude that it gleefully shouted to the lake above of its accomplishment. Thereafter, exhausted, the stream sank thankfully into the cool, deep waters of a lake.

Lynda-Mary Greene
Grade 10

A CHINESE FUNERAL

To most Chinese who are Buddhists, gongs and paper money are most essential in a funeral. They hire a group of people who will play the gong for them in order to frighten the evil spirits away. They will also go to the temple to get paper money to throw on the roadside. In so doing, they believe that they can please the evil spirits.

This funeral procession will go round the town in order that the dead person may have a last visit of his town. Usually, friends and relatives who attended this funeral will be given a coin to show the generosity of that dead person.

Before the dead person is laid into the coffin, he will be washed and dressed in his best by his close relatives. Usually he is dressed in black and light rubber shoes. The Chinese believe that if he wears clogs or leather shoes, he will make a lot of noise when he visits his family. Therefore, in order that the family may not hear his footsteps, they let him wear light rubber shoes. After laying him in the coffin, all his clothes, shoes and some other belongings of his, will be put into his coffin for him too. The Buddhists believe that if these things are not put into his coffin, he will come looking for them after his burial. Therefore these are certain of the major things his relatives will do for him. The coolies who carry his coffin must be very cautious in handling it. The coffin must not be shaken or else the spirit of the dead person will return to his family and will haunt them. Therefore, most of these coolies are very well paid so that they do their job well.

But nowadays, the playing of gongs is abandoned in certain countries but the procedure still follows as usual. This type of funeral only applies to the Chinese who are Buddhists.

Tshu Mee Chung
Grade 11

THE PAST

The past is so far away;
It will never stay another day.
What happened yesterday,
Will never happen today.
So if it was a sad past;
Make it a happy future.

Sandra Cameron
Grade 9

RIDDLE

Comes in at every door,
Comes in at every crack,
Runs round and round some more,
But never leaves a track.

Answer: The wind.

Shelley Fife
Grade 7

AUTUMN

Autumn is the dying of the summer
When the yellow leaves are torn from the trees
By the fierce wind
Leaving the branches bare against the sky
To form deep carpets beneath;
Birds hunting for food are blown across the grass
Coming to rest in the shelter of the bushes,
Fat with feathers.
Bonfires smoke in the air, and the mornings are misty and damp,
The bright summer flowers are gone.
The beaches are abandoned to the grey sea gull
And the ships are tossed on the white-capped waves like toy boats.
The house is a shelter against which the wind spatters hard acorns like bullets.
In bed, I snuggle down beneath my quilt, warm and cosy.
Night falls early like a grey blanket descending on the earth,
And the twinkling stars, lacking the summer's warmth, shine clear and cold.

Louisa Bushnell
Grade 9

THE WHOOPERHOP ADVENTURE

It seemed incredibly whacky and daft,
I thought to myself while on the raft.
That 'twas I who was chosen, above all the rest;
To be the first to discover the Smogbelly's nest.

The Whooperhop Smogbelly Sop, to be sure,
Lived atop a most treacherous cliff, "Mount Kazure."
A spot so unknown, secluded and rare,
That no person I know of has ever been there.

And 'twas I who was picked to discover and trap him;
To capture and hold him, and to tie and gift wrap him;
I sent him at once to the Countess of Hupper,
Who wanted to eat him that night for her supper.

A fanciful Countess, who woke up one night,
Craving a snack from this yummy delight.
So insistent on this Smogbelly feast,
That she sent me out that minute to capture the beast.

So without any fuss, I set on my way;
I vowed that I'd capture the beast right away.
The Countess replied: "Don't be scared," and I laughed.
Then I packed my bags and boarded the raft.

Perhaps Mount Kazure, does not even exist;
Or maybe I passed it; it could have been missed!
I sat there not knowing what I should do,
When the tip of the mountain top came into my view!

I couldn't believe what I saw there ahead,
It looked so (incredibly) frightful and dead.
Could the rare, unknown animal really live here?
(I prayed it did not, as I trembled with fear).

So I sat and I stared at the cliff for awhile,
Then with all of my powers, I forced a BIG smile;
And I stared at the sinister peak for a time,
Then I gathered up gumption, and started to climb!

Now I needed my rope and my pick and my pole,
In order to climb my ultimate goal,
So I started to crawl up the slippery side
Over crevices nearly 100 feet wide!

I jumped over cracks and I climbed without rest,
Just 50 feet more 'till the Smogbelly's nest!
Now I could not give up, I must crawl to the top,
And when I have captured the beast I can stop.

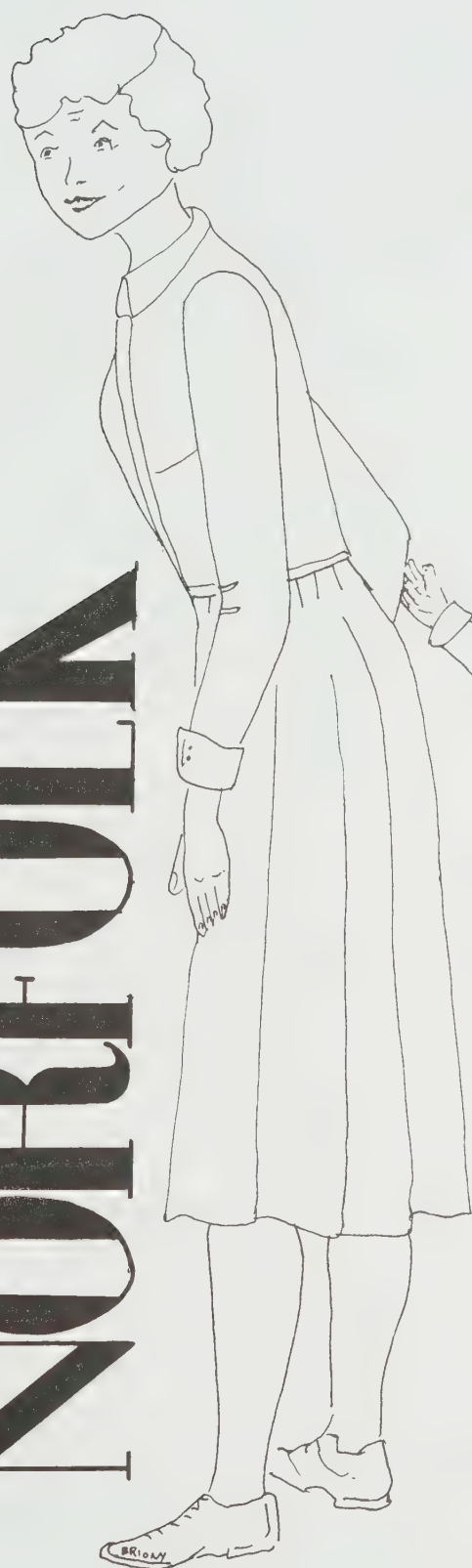
I stumbled and tripped and I fell on my seat,
Just as I reached the Smogbelly's feet.
Then I sent out a terrible ear splitting yell,
As I lost all my balance and flipped...then I fell! !

From that moment I knew that I simply was doomed,
No one would come to help me now, I assumed.
Then I shut my eyes tight as I bid the world good-bye,
And I tumbled and tossed through the crystal blue sky.

Then I woke up.



NORFOLK



GRADS



"When I first put this uniform on..."

Diana Graeme
1963-66, 69-76
Dereham

Our fantastic head girl, Diana, has been at Norfolk since Kindergarten. Her basic achievements this year have been learning the names of all the girls in the school and cutting her hair. She never failed to pull the prefects out at 8:30 for their duty - a job well done. Her majors are in Math, English and French.

Ambition: To work with children.

Probable Destiny: Bedpan duty in the children's ward.

Pet Peeve: People mimicking the way I walk.

Favourite Saying: Prefects, first bell's gone.

What a better way to start my message than to thank Miss Scott who has brought the school through difficult times and to her staff for providing us all with the opportunity to gain an education for living, in a world in which standards of education and of living sometimes appear to change with the weather.

What better way to continue my message than to thank all Norfolk students for their support and for the opportunity to form friendship that will last forever.

I came to Kindergarten class in 1963 comforted by the presence of big sister Jocelyn then in Grade 1.

Except for a two-year break in 1966-68 when my family moved out to Sidney (no "Education on the move" buses then), I have enjoyed the Norfolk life ever since. Kindergarten was then in what is now, the typing room. Remember, Mary Ann, that we were joined by Andrée in Grade I with Mrs. Edwards' loving care and here we are in Grade XII under Mrs. Gardiner's sensitive leadership.)

It has been a great honour to be chosen to serve as your Head Girl and it has had its moments of trials, tribulations, and humour. Above all it has given me a chance to see much of both worlds, the teachers and the taught, and the effort required by both to make Norfolk House what it is.

Recent years have been marked by an increasing and very beneficial participation by the school in "outside" activities from debating to swimming to dances. The school has represented itself well in these activities.

I would particularly like to thank Kathy Pollen for her support and for her efforts to involve seniors and juniors in house activities.

Finally, I would say to you all, that I have learned that kindness to others brings like return, so be kind to those starting up the ladder of life, you might just meet them on the way down.

In Kindness,

Diana



"Happiness is a bread and butter sandwich folded over."

Katherine Inez Pollen
1972-1976
Dereham

Smiles, encouragement and enthusiasm filled the school as our talented games captain stepped admirably into the hard-working position that it is. The hockey, volleyball, basketball, badminton, track, tennis and house sports, team were strengthened by Kathy's support and talent. She was also a prefect and majored in English Literature and History.

Ambition: Teaching
Probable Destiny: Perpetual learning
Pet Peeve: 7:30 A.M.
Favourite Saying: I'm hungry.

Well, Norfolk, this year has certainly turned out to be one full of exciting activities and enthusiastic people. We have done well in every area of sport that we have undertaken. Both our senior and Junior teams have participated in the independent school leagues as well as the city leagues, showing that Norfolk is a school to be reckoned with. Not only did we achieve high standards but enthusiasm and good sportsmanship were always present. To give us further encouragement and excellent coaching were the inexhaustible talents of Miss Flynn and Mr. Steel. Many thanks to you both!

House activities have also been a source of excitement and enthusiasm in the life of the school. Many thanks must also go to our resourceful house captains, Alixe, Debbie, Pat and Sue, who were most often seen shouting encouragement to their beloved houses. It is great to see enthusiasts on the side lines as well as on the teams. This is something which is invaluable to the spirit at Norfolk.

Last but not least, I would like to wish you all good luck in the future. Thank-you for making my last year at Norfolk a great one!

Kathy



"It is well done and fitting for a princess descended of so many royal kings."

Alexandra Marie Romanov Allen
1968-1976
Caister

Alexandra has been a valuable member of the hockey, basketball, track, and debating teams, and has received track colours. This year she was Caister's House Captain and a prefect. Her majors were Geography, History, Biology, and English Literature.

Ambition: To be a psychologist and part-time actress.

Pet Peeve: Debbie and Kathy bugging me, slow drivers, and people who ask, "How's your knee?"

Favourite Saying: "? ! & ! "

"If music be the food of love, play on;"

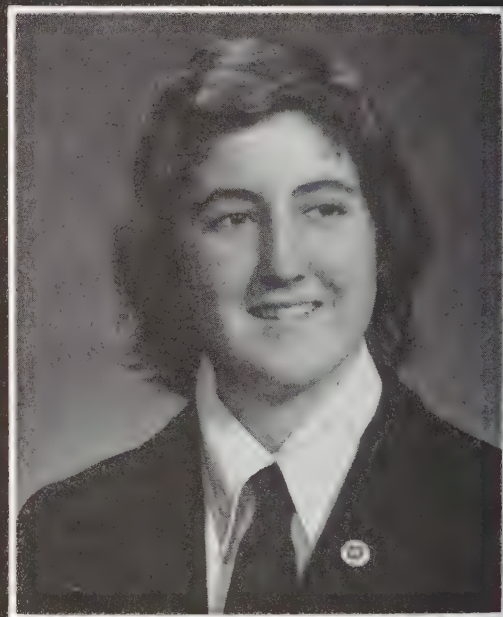
Barbara Jane Bricker
1972-1976
Wymondham

Barbara's majors this year were Math, Chemistry, Biology, French, and German. She has been a member of the swim team and is an excellent musician.

Ambition: Medicine

Probable Destiny: a butcher

Often heard saying: "It's the first time I've been warm since September."



"Grace was in all her steps, heaven in her eye, In every gesture dignity and love."

Anesthesia Cheuk
1975-1976
Wymondham

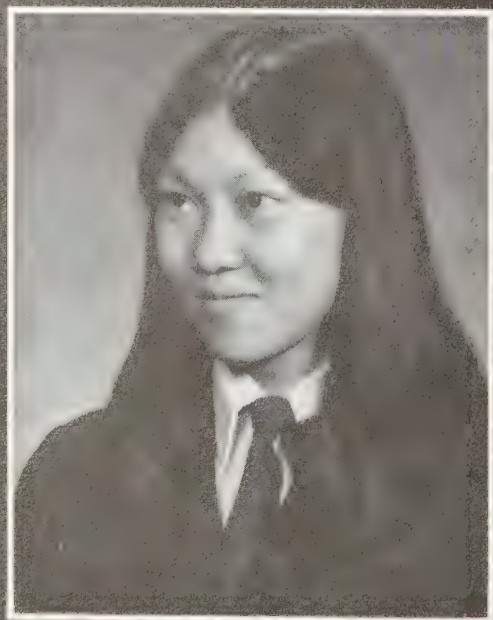
Although it was her first year at Norfolk Anesthesia has made a decorative contribution to grade XII. She has done well in her majors, English, Literature and Biology.

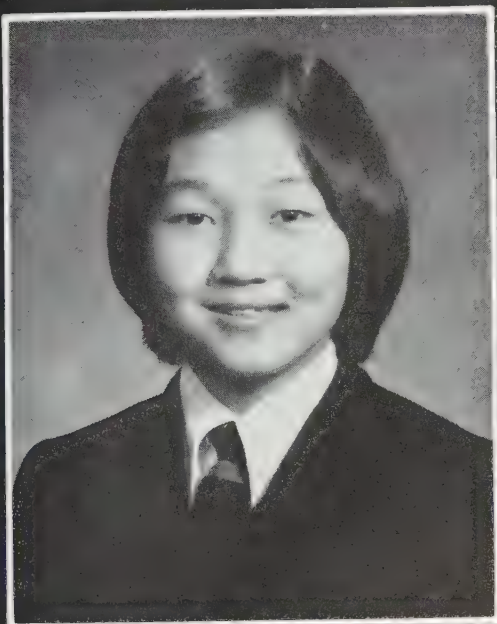
Ambition: To become a sociologist.

Probable Destiny: To go back home as an old maid.

Pet Peeve: Balls and cats.

Frequently heard saying: "You're kidding?"





"A merry heart maketh a cheerful countenance."

Chung Mui Mee
1975-1976
Caister

This was Mui Mee's first year at Norfolk House but she has proven to be a very valuable member of the school and an exceptional player on the basketball team. Her majors this year were Drama, Geography and Physical Education.

Ambition: To be a P.E. teacher

Probable Destiny: Being the Head Coach of the Malaysian Women's Basketball team.

Pet Peeve: Too few Chinese friends in Canada.

Favourite Saying: Please can you tell me the meaning of that word! !

"Happiness is being able to reach the doorknob."

Andrée Grace Juliette Dufleit
1964-1976
Walsingham

Andrée has been at Norfolk House since Kindergarten. This year her majors were English Literature, French and Russian. She was a prefect this year and a junior prefect in Grade 11. Also in Grade 11, she was the manager of the senior hockey team and this year participated in house hockey. She has won honours certificates, a drama cup, and a prize for modern languages.

Ambition: To be an interpreter in foreign affairs.

Probable Destiny: To be struck mute by a bolt of lightning.

Pet Peeve: Math

Often heard saying: "I'm going crazy! "



"A little rebellion now and then is a good thing"

Joanna Mary Greenwood
1972-1976
Walsingham

Full of life, Joanna will be remembered for her liveliness. She captained the basketball team, and also played on the hockey and track teams. An accomplished actress, Joanna's majors were Drama, English, and History.

Ambition: To become a prefect.

Probable Destiny: To be a psychopathic white braid thief.

Pet Peeve: Running out of rouge.

Favourite Saying: Two spoons of sugar please.





Elizabeth Ann Henry
1966-1970, 1975-1976
Caister

Elizabeth was welcomed back to Norfolk House this year after a six year absence. She was a member of this year's swim team besides other activities which saw EA as an enthusiastic person! Singing her heart out for Caister, portraying little Boy Blue and making it to Grade 12, are just a few of EA's achievements. Her smile never failed to shine and was a welcome addition to her class and the school.

Ambition: To go into medicine.
Probable Destiny: Head doc in M.A.S.H.
Pet Peeve: Spiders...especially the basement kind.
Favourite Saying: Hey!

"So active, so inquiring eye, or tongue."

Susan Elizabeth Horner
1968-1976
Walsingham

Sue's school activities are endless; they range from swimming to Spanish Club. Her achievements have been: hockey and swimming colours, Walsingham cup '74, junior and senior prefect, math prize '75. We certainly have been busy haven't we Sue! Sue is usually seen at 3:15 in her scuba suit, racing for her red Volkswagen to get to her scuba diving lesson on time. Good luck Sue, and knock'em dead!

Ambition: To teach or go into forest conservation.
Probable Destiny: To get married and become a professional housewife.
Pet Peeve: Cynthia telling me to shut up. Monday morning tests.
Favourite Saying: "really?!"



"Her voice was ever soft, gentle and low, an excellent thing in a woman."

Jannie Lam
1974-1976
Wymondham

Jannie has been at the school for two years. She has worked hard at her majors mathematics, art, and music.

Ambition: Go to University and get a music degree.
Probable Destiny: To become a musician or piano teacher.
Pet Peeve: "Essays"
Favourite Saying: "On! it's time to have a holiday."



"Much have I travelled in the realms of gold,
And many goodly States and Kingdoms seen."

Betty Li
1974-1976
Dereham

Betty has been at the school only two years and does very well in her studies. Her majors this year were Math, Spanish, and Drama.

Ambition: To travel around the world and further her education.

Probable Destiny: Public Relations

Pet Peeve: Having a Math test right after getting back from Spanish at S.M.U.

Often heard muttering: "What do you mean?"

"The other was a softer voice, as soft as honeydew;"

Katherine Gwenneth Molloy
1967-1976
Dereham

Kathy was a very active member of the library committee and Social Service Club this year. She was also a member of the track team and was a prefect. In her own quiet way she has contributed a great deal to her class and the school.

Ambition: To travel.

Probable Destiny: Washing floors at Victoria International airport.

Pet Peeve: Exams.

Favourite Saying: "I can hardly wait till the weekend!"



"Come, and take choice of all my library, and so bequeath my sorrow."

Alison Faith Newberry
1967-1976
Walsingham

Alison is noted as an exceedingly active member of the student body. Over the years she has been involved with such school activities, as Social Service, Library, Debate and Choir, and we mustn't forget notorious prefect. Her achievements are: Leadership and service award; Citizenship award; Heisterman cup; music certificate and Library colours. Alison will probably be remembered best for her vocal support in the school and her devious persuasion (i.e. Red Cross).

Ambition: Dental Hygienist

Probable Destiny: Working on an assembly line in a Dental Floss Factory.

Pet Peeve: Noisy Library

Favourite Saying: "Does anybody have a kleenex I can borrow?"



"All the world's a stage"

Helen Fraser Nicholson
1973-1976
Wymondham

Helen is the Vogue girl of Grade 12. Though silent and deadly she comes to life in her sports. She was an active player on the Basketball Team and Swim Team and contributed a lot of her energy in supporting her House in House Activities. She displayed some fine talent in the Drama festival this year and who knows she may become a Hollywood star but que sera sera. Helen's majors this year are Biology, Drama, Math and Literature.

Ambition: To sink a thousand ships.

Probable Destiny: Deflating a rubber dingy.

Pet Peeve: Doris Day

Favourite Saying: Que sera sera.

"5 ft. 2., eyes of blue, but oh! what those 5 ft. can do!"

Debbie Christine Page
1971-1976
Wymondham

Good things certainly do come in small packages, at least as far as Debs is concerned. A very active member of Grade 12, her accomplishments have been many and varied, such as - "the big moment" (reaching 5 feet.) as Wymondham's house captain, she sparked the girls on with spirit and enthusiasm. She has been a real asset to the school as a prefect, and has been strong in the debating field. Her majors this year have been English, Biology and History.

Ambition: Owner of a Honda Civic (eh Kathy?)

Probable Destiny: Taking the bus.

Pet Peeve: Split ends, running (walking?) the long block, and pug dogs.

Often heard saying: That's grotesque! ... but I love it!



"A maiden never bold of spirit so still and quiet, and her motions."

Catherine Iris Pollock
1970-1976
Caister

Cathy has been at Norfolk for seven years and has been a prefect this past year. She has been actively involved in the Social Service Club and a faithful member of the Library Staff.

Cathy's honours were: Chemistry 12, Biology 12 and Math 12.

Ambition: To grown in height and shrink in width.

Probable Destiny: To shrink in height and grow in width.

Pet Peeve: Having a beet red face after P.E.

Favourite Saying: Oh Alison, SHUT UP!



"I have taken all knowledge to be my province"

Patricia Jane Ramkin
1972-74, 1975-76
Dereham

If anyone ever wants to find Patricia, the best place to look is behind the nearest book. There is no question of having to push Patricia to work in fact, it is next to impossible to pry her away from her studies. Her diligence shows in the Honours she receives yearly and her excellent marks in her majors: French, Russian, and English.

Ambition: To reach Oxford
Probable Destiny: A University Education at Comosen College
Pet Peeve: Patsy, let your hair down.
Favourite Saying: Leave my hair alone! "

"I must learn Spanish one of these days, for that slow sweet name's sake."

Stephanie Ann Walford
1971-1976
Wyndham

Calm, cool, and collected describe Stephanie to a T. She is always ready to offer any assistance she can to worthwhile activities (debates, teas, etc.) She does well in her majors: Math, Geography, and especially Spanish. She was an enthusiastic member of the Spanish Club and she participated in all house events.

Ambition: Archaeologist
Probable Destiny: Curator at the Provincial Museum.
Pet Peeve: Walking home from St. Michael's.
Favourite Saying: "Sue, are you coming back to the school? "



"Happiness is an 'A' on your spelling test."

Mary Ann Wiggins
1964-1976
Caister

Mary Ann has been an enthusiastic member of Grade XII. She was always smiling, revealing her dimpled cheeks and the space of a recently lost baby tooth. Mary Ann has earned hockey colours and is a strong member of the prefect team. She has been an asset in all house and inter-school sports. As captain of the hockey team, and vice-captain of the basketball team, she has spurred other team members on. Her majors include Biology, Chemistry, Math and Geography.

Ambition: To be the world's greatest scientist, eh, Mrs. Gardiner?
Probable Destiny: The world's greatest scientist.
Pet Peeve: Swimming at S.M.V. and baby teeth.
Favourite Saying: "Hey, my tooth has grown! "





"Though we cannot out-vote them, we can out-argue them"

Catherine Lynn Woods
1971-1976
Wymondham

Cathy, as President of the Debate Club, has encouraged and advised the promising debaters at Norfolk. The many debating trophies bearing her name make us all very proud to have had such an enthusiast in our school. She was a prefect in Grade XI and XII and the C-FAX Student World Reporter for two years. Cathy was an honour student and won the Grade XI Social Studies Prize. Her majors include English Literature, History, and Geography.

Ambition: To be a lawyer and an M.P.
Probable Destiny: Member of Social Credit Party
Pet-Peeve: Mary-Ann talking to me about politics
Favourite Saying: "Don't be so ridiculous"

"The strongest and the fiercest spirit"

Cynthia Dorothy Wright
1972-1976
Walsingham

Cynthia, with her strong voice and spirit has added much to the school during her four years here. Whenever there is a house competition she is always the first one to join in and give her support. Cynthia does well in her majors, Geography, Math, and English, as well as being an enthusiastic member of both swim and track teams.

Ambition: To be a brain surgeon.
Probable Destiny: Prime Minister of Canada.
Pet Peeve: People calling me Cindy...oh, Mr Steel!
Favourite Saying: Susan, shut up.



Heard in passing...

"Grade XI, we have wasted two whole minutes! "

"Hey group, let's have a vote! "

"In any event..."

"Scintillate, scintillate, globual vivitic,"

"Zut! "

"Don't Rock the boat."

"Have a little chalk talk and see what you come up with."

Guess
the
teacher's identity!

Seen in passing...

Angela Paine with her hair out, and Karen Hambleton with her car...
must be theory of knowledge!

Miss Gilroy comparing herself to the Nile River.

Grade 9 looking at the school rules? ! !

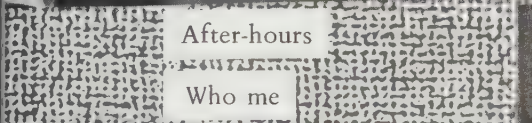
Kelly Woods Faithfully supporting every single hockey game. Well
done Kell!



Grade XI lunch hour



Our graceful Norfolk girls!



After-hours

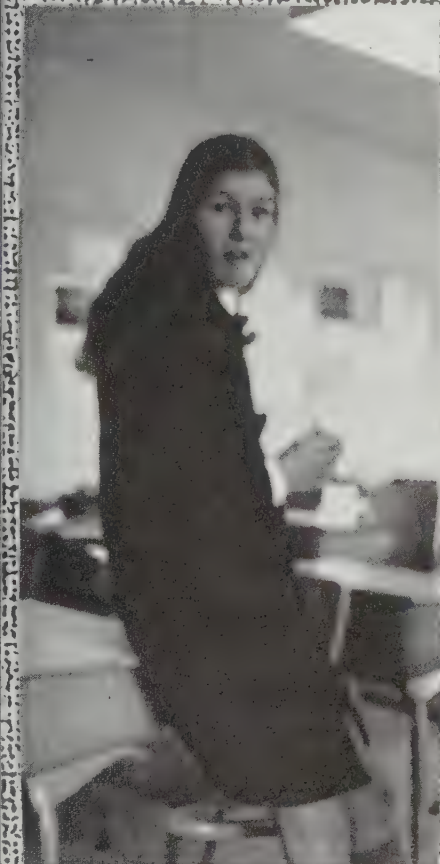
Who me



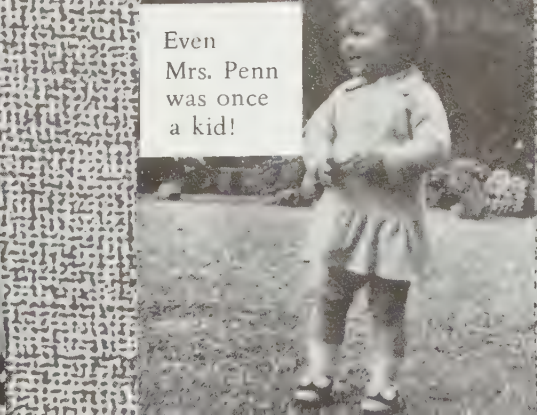
Tweedle-dum
and Tweedle -dee



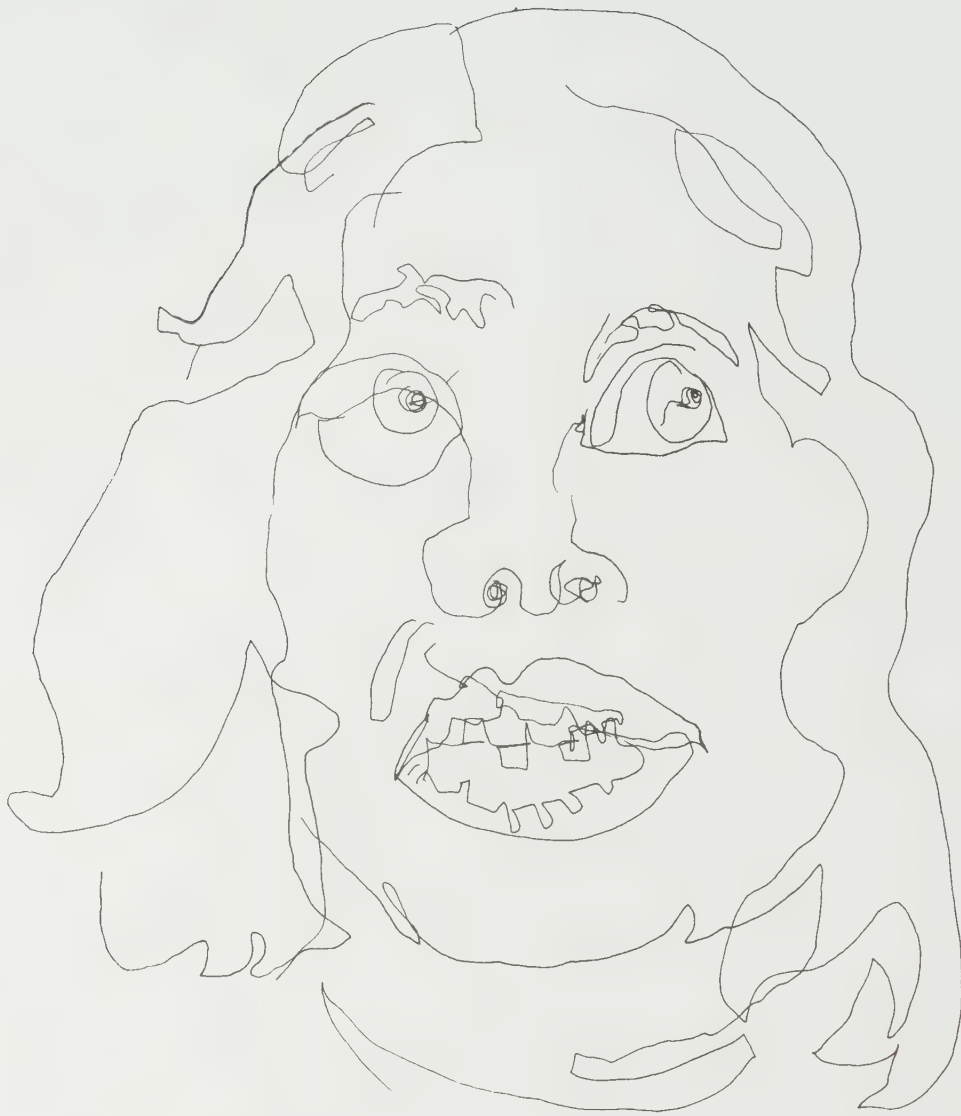
Look what we made!



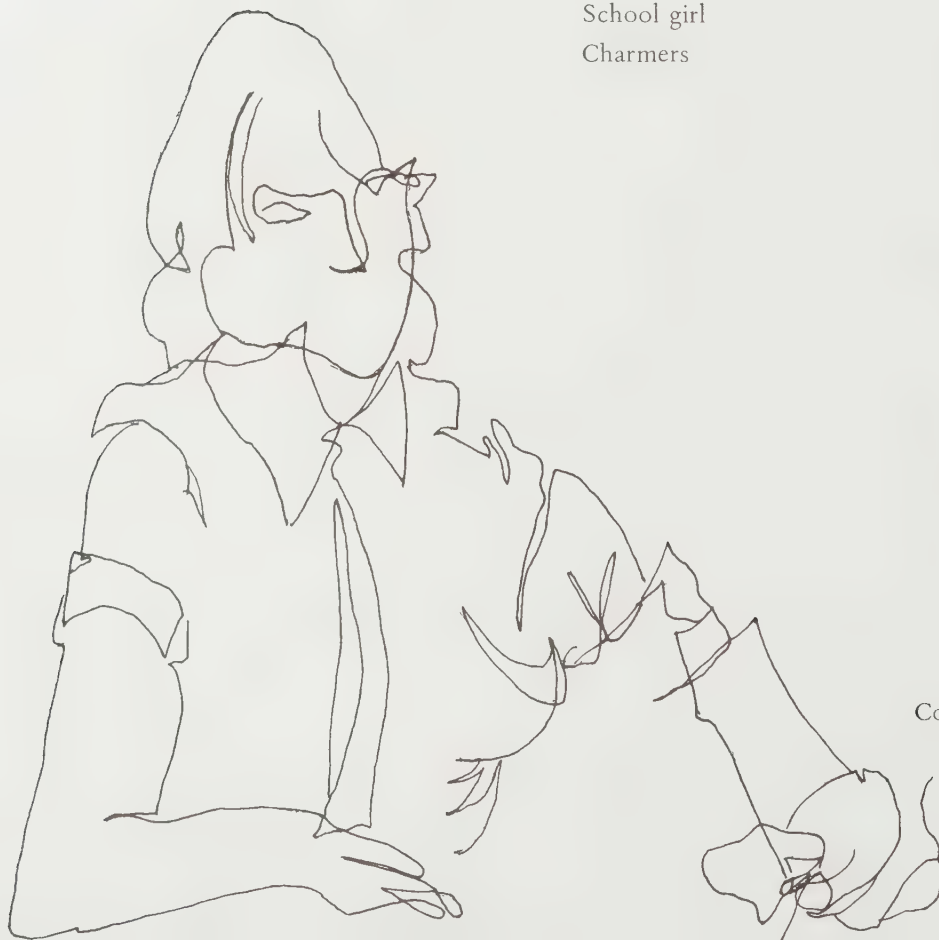
Me? Fat?



Even
Mrs. Penn
was once
a kid!



School girl
Charmers



Contours: Grade XI



Our apologies to:
 Mrs. Dorrington
 Mrs. Ward
 Mr. Thomas
 Mrs. Ashwood - Smith
 Mrs. Thatcher
 Mrs. McCormick
 Mrs. Staith and Mrs. Allin



GRADE I

STANDING, Left to Right: J. McNaughton, N. Strachan, D. Duncan, S. Matheson, N. Babie, V. Newman.

SITTING: N. Wood, R. Heuser, C. Smith, J. Chapman, C. Kamper

FRONT ROW: J. Baird, E. Murray, L. Rippington.

GRADE II

STANDING, Left to Right: F. McCaw, A. Leach, E. Marley, A. Vatter, J. Mathers, L. Gammon.
SITTING: R. Bertz, S. Clark, K. Lang, M.-J. Boivin, A. Pledger.
FRONT ROW: A. Wardell, C. Bavington, S. Morris
MISSING: T. Planedin, K. Cavaye.



GRADE III

STANDING, Left to Right: A. Beirne, J. Biggs, A. Newbury, L. Pollard, M. Barrett, L. Thorne, C. Matheson.

SITTING: M. Johnson, B. Humphrey, L. Kemble, W. Tse, L. Fisher, S. Cowley, N. Creek, E. Hachster, M. Jenkins.

FRONT ROW: A. Wells, J.C. Henderson, R. Beale, V. Angus, R. Barlow, C. Weidner.

MISSING: H. Nash, A. Ross, L. Planedin, T. Smitz.



GRADE IV

STANDING, Left to Right: V. Greenbank, J. Rowe, P. Greenwood, C. Waldman, K. Barr, B. Fowler.
 SITTING: C. Wardell, C. Mathers, Z. Williams, R. Jackson, L. Gammon, C. Hutcheson, J. Buxton.
 FRONT ROW: J. Fox, S. Logan, J. Hitchmough, C. Creighton, A. Skinner, L. Wilcox.
 MISSING: F. Petit, L. Schwartz, V. Gray.

GRADE V

STANDING, Left to Right: F. Goudy, C. Gower, J. Hanley, A. Sutcliffe, D. Farlowe, C. Parris, L. Campbell.
 MIDDLE ROW: A. Murray, T. Blaauw, S. Roller, S. Smith, S. Young, D. Owen-Flood, D. Keppet.
 SITTING: A. Kemble, S. Williams, C. Barras, J. Robertson, E. Humphrey, K. Kerr.
 MISSING: S. Cavaye, G. Graeme, C. Luna, K. Peet, S. Smith, H. Sutcliffe, P. Thoms.



GRADE VI

STANDING, Left to Right: C. Davis, R. Meakes, L. Bailey, R. Stewart, F. Wilkinson, F. Murray, M. Martin, E. Beirne.
 MIDDLE ROW: S. Yonge, S. Smith, H. Logan, T. Crofton, P. Bavington, C. Heard, M. Hughes, S. Ostensoe, S. Abrioux.
 SITTING: J. Dancey, L. Quocksister, S. Wallis, E. Creighton, L. Woodward, D. Gourley.
 MISSING: A. Charbonneau.



GRADE VII

BACK ROW, Left to Right: S. Fife, S. McLuree, S. Walker, T. Barrett, S. MacIntosh, S. Kemble, B. Murray, D. McNaughton, H. Fletcher.
 STANDING: C. Young, K. Gibson, T. Rasmussen, M. Jenkins, M. Bently, J. Hall, P. Jackson, M. Frey, C. Tregear,
 SITTING: C. Pledger, E. Egoyan, C. Greenwood, L. Madill, Z. Cavados, P. Tibbetts.
 MISSING: A. Schwartz.

GRADE VIII

BACK ROW, Left to Right: J. Vickers, K. Bokor, W. Karwowski, S. Goult, N. Hopper, M. Bell, M. Baylis, E. Köster.

CENTRE: C. Sloan, W. Bricker, C. Berwind, V. Horner, M. Couvelier, C. Kokkelink, S. Tomsett, L. Campbell, K. Hartwig, T. Henderson, A. Moat.

SITTING: L. Marsden, D. Sayle, J. Hill, R. Day, P. Dorrington, S. Crofton, K. Peters, E. Dyson.

FRONT ROW: L. Saville, E. Fox, S. Harvey, S. Kemble.

MISSING: J. Churchill, P. Kokkelink, C. Waldman.



GRADE IX

BACK ROW, Left to Right: R. Hamdi, H. Wells, J. Gibson, J. Wilkinson, L. Davis, L. Doyle, B. Bulling, D. McLean, S. Kahl, C. Hitchmough, J. Edgar.

STANDING: C. Hanson, K. McGuirk, S. Phillnook, S. Cameron, J. Harvey, F. Valji, C. Gourley, M. Page, L. Humphrey, A. Moore, S. Heard.
 SITTING: A. Skinner, R. Farley, L. Bushnell, S. Tregear, C. Locke, J. Gibson, P. Cowman, M. Clews,
 FRONT ROW: A. Tisot, V. Voon, C. Simpson, M. Alexander, P. Wasylynko.

MISSING: S. Jones.



GRADE X

STANDING, BACK ROW, Left to Right: J. Kokkelink, A. Thomas, A. Hitchmough, A. Past, S. Cupples, V. Phillips, D. Nelson.

STANDING, SECOND ROW: C. McAlpine, L. Moreau, J. Blanco, A. Gladwell, J. McDowall, P. Woodwark.

SITTING: D. Bains, V. Deavy, G. Wilkinson, J. Fisher, C. Whitely, L-M. Greene.



GRADE XI

STANDING, BACK ROW, Left to Right: N. Bland, M. Crofton, K. Hambleton, D. Balderson, A. Paine, B. Penn.

STANDING, SECOND ROW: K. Woods, M. Dennett, C. Vickers, C. Higgins, L. Donaldson, T-M. Chung.

SITTING: C. Tait, J. Worrall, L. Hole, D. Williams, C. Hay.

GRADE XII



STANDING, Left to Right: P. Rankin, A. Newberry, B. Bricker, C. Pollock, K. Molloy, S. Horner, M-A, Wiggins, A. Duflèit.

SITTING, BACK ROW: E-A. Henry, S. Walford, D. Page, K. Pollen, J. Greenwood, A. Allen, M-M. Chung.

SITTING, FRONT ROW: C. Woods, D. Graeme, H. Nicholson.

MISSING: B. Li, J. Lam, C. Wright, A. Chevk.

GRADE XII PREFECTS



SITTING, Left to Right: D. Graeme, K. Molloy, A. Duflèit, S. Horner, C. Woods, A. Allen, D. Page, K. Pollen.

STANDING: A. Newberry, M-A. Wiggins, C. Pollock.

NORFOLK



SPORTS

SPRING TERM 1975



TENNIS TEAM

STANDING, Left to Right: C. Tait, A. Paine, A. Gladwell, M. Crofton, J. Worrall.
SITTING: B. Penn, S. Cameron, L. Davis.

TRACK TEAM

STANDING, Left to Right: J. Harvey, D. Graeme, M. Baylis, J. Gibson, R. Hamdi, C. Gourley, P. Woodwark, C. McAlpine, A. Paine, C. Locke, B. Penn, J. Hill, M-A. Wiggins, C. Simpson, K. Hambleton, A. Allen, Miss Flynn, J. Gibson, K. Pollen.
SITTING: K. McGuirk, J. Worrall, L. Marsden, S. Kemble, S. Kemble, K. Gibson.





S.
D.



Norfolk House School Sports Day 1975



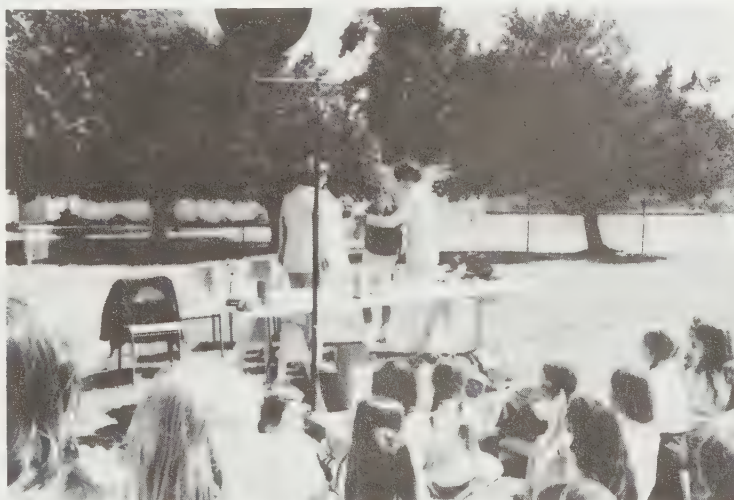
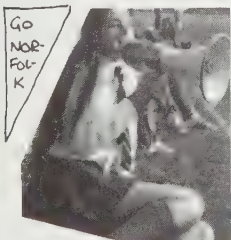
House Results

Caister	212
Dereham	189
Walsingham	174
Wymondham	105

JUNIOR AGGREGATE:
JANE GIBSON

INTERMEDIATE AGGREGATE:
BRIONY PENN

SENIOR AGGREGATE:
JANET SHEPHERD



AUTUMN TERM 1975



SENIOR HOCKEY TEAM

STANDING, Left to Right: D. Page, J. Worrall, C. Tait, N. Bland, J. Greenwood, A. Paine, J. Bland.

SITTING: A. Allen, M-A. Wiggins, K. Pollen, B. Penn, K. Hambleton.

THE 1975 SEASON

League Play: September 16 - October 21

Norfolk VS

St. Margarets	6-0
Belmont	11-0
Claremont	12-0
Mt. Doug	1-1
Vic High	0-0
Spectrum	2-0
Esquimalt	7-0
Parklands	9-0
Dunsmuir	2-1
Oak Bay	0-4
Reynolds	11-0
Sub-Total	61-6

Pre-League Play: September 15

Norfolk VS

Spectrum	2-1
Sub-Total	2-1

Overman Games: October 20, 28.

Norfolk VS

St. Margarets	2-1
	1-0
	—
Sub-Total	3-1

Island Tournament: October 24-25

Norfolk VS

Spectrum	0-2
Queen Margarets	2-0
Vic High	2-0
Dunsmuir	3-0
Mt. Doug	0-5
Sub-Total	9-7

Vic High Tournament: October 11-12

Norfolk VS

Calgary	2-1
Kelowna	1-0
St. Alberts	6-0
Salmon Arm	0-2



Total Goals: 84 for / 18 against

AUTUMN TERM 1975

REMARKS BY: MISS FLYNN ON THE SENIOR HOCKEY TEAM

Susan Horner (Goalie): Another good year in goal by Sue.

Angela Paine (Right Back): The weather's fine! (honest) How about a game Angela? A very capable player.

Jenny Worrall (Left Back): Jenny's good stickwork and oh! So calm attitude saved the team on many occasions.

Alixé Allen (Right Half): A great season, until that "old war wound" unfortunately forced her premature retirement.

Joanna Greenwood (Right Half): A commendable job of stepping into Alixé's position half-way through the season.

Jennifer Bland (Centre Half): That cool, calm and collected approach made Jennifer a great asset to the team.

Carole Tait (Left Half): With her fiery determination, Carole never gave up and was always there when needed.

Mary-Ann Wiggins (Right Wing & Captain): Our super, talented, winger and captain whose inevitable and invincible right-hand dodge never failed to baffle the enemy.

Kathy Pollen (Right Inner): Though many hockey sticks were broken in the attempt Kathy managed to obtain a good standard of hockey.

Nina Bland (Centre Forward): An adept goal scorer and speedy sprinter Nina secured the leagues top goal-scorer position and helped the team in the process.

Briony Penn (Left Inner): The left side of the field can be fun - remember Spectrum?
(ed's. Note: Really? Tell me about it sometime)

Linda-Mary Greene (Left Wing): Though ill for some of the season, Linda played a good steady game. See you next year!

Debbie Page (Manager): The best orange-cutter in the business! ! !

Karen Hambleton (spare): A good job as substitute in Karen's first year.

AUTUMN TERM 1975



JUNIOR HOCKEY TEAM

STANDING, Left to Right: Miss Flynn, L. Marsden, A. Moat, C. Locke, J. Wilkinson, K. Peters, J. Gibson, S. Kemble, Mrs. Ward.

SITTING: J. Hill, L. Campbell, M. Couvelier, C. McAlpine, S. Crofton, C. Bokor, K. Hartwig.

The Junior hockey team was young and green (not the colour!) this season and consequently no stunning victories were won. However new skills, confidence, teamwork and the rules were learnt and gained which, next year, will put them in better running for a victorious season. The enthusiasm and determination shown by the team will prove a great asset to the results in the future.

THE 1975 SEASON

LEAGUE PLAY: SEPTEMBER 16 - OCTOBER 21

Norfolk vs

Arbutus
Cedar Hill
Central
Colquitz

Reynolds

High Rock
Lansdowne
Oak Bay (this game was tied)
S.J. Willis

Thanks to Miss Flynn and Mrs. Ward for their coaching and time.

AUTUMN AND WINTER TERM 1976



BADMINTON TEAM

STANDING, Left to Right: J. Bland, B. Penn, C. Tait, J. Worrall.
SITTING: M. Crofton, S. Cameron, N. Bland.
ALSO: K. Pollen, L. Davis, C. McAlpine.

THE 1975 SEASON

Tournament to determine
team to go to B.C's

October 24 - November 21

Oak Bay	Won
Esquimalt	Won
Mount Doug	Lost
St. Georges	Lost

Exhibition game VS St. Margarets

THE 1976 SEASON

League Play: January 9 - March 19

Vic High	Won
Esquimalt	Won
Oak Bay	Won
Dunsmuir	Won
Belmont	Won
Claremont	Won
Parkland	Won
Mount Doug	(not played at time of publication)
Spectrum	

INDEPENDENT SCHOOLS BADMINTON TOURNAMENT MARCH 6th

Our experienced badminton team had an excellent season combined with Saint Michaels University School. Thanks to Mr. Steel for his help, coaching, and patience!

WINTER TERM 1976



JUNIOR AND SENIOR BASKETBALL TEAM

TOP ROWS, Left to Right: JUNIOR: J. Gibson, L. Marsden, L. Campbell, K. Hartwig, C. Locke, C. Hitchmough, S. Kemble, K. Peters, M. Baylis, J. Hill, S. Jones, D. McLean

BOTTOM ROWS: SENIOR: K. Hambleton, N. Bland, A. Allen, M-A. Wiggins, J. Greenwood, D. Balderson, J. Bland, M-M. Chung, A. Hitchmough, K. Pollen, B. Penn, A. Doyle.

The basketball season has been very active and successful this season, with a lot of victories and close victories. Thanks to Miss Flynn for her excellent coaching.

BASKETBALL SEASON

NORFOLK SENIOR TEAM VS

Belmont	30-19 Won
Vic High	40-26 Won
Oak Bay	26-27 Lost
Mt. Doug	32-38 Lost

INDEPENDENT SCHOOL'S BASKETBALL TOURNAMENT

Friday, Feb. 27th-29th

Norfolk VS

St. Margarets	20-21 Won
Queen Margarets	32-17 Won
York House	Lost
Crofton House	Lost



AUTUMN TERM 1975



JUNIOR AND SENIOR VOLLEYBALL

TOP ROWS, Left to Right: SENIOR: B. Penn, J. Bland, D. Balderson, N. Bland, M-A. Wiggins, K. Pollen, J. Worrall, K. Hambleton, V. Peavy, also sitting third row, A. Hitchmough.
 BOTTOM ROWS: JUNIOR: C. Berwind, K. Peters, M. Baylis, C. Waldemann, J. Hill, L. Marsden, P. Kokkelink, L. Campbell, C. Karkelink.

Norfolk entered a team on an exhibition level in the greater Victoria junior girls Volleyball. Both teams were relatively new and inexperienced but look promising for the next season.

VOLLEYBALL SEASON OCTOBER 29th - NOVEMBER 19th

Norfolk Senior Team VS

Arbutus	Lost	Oak Bay	Won
Reynolds	Won	Lansdowne	Lost
Shoreline	Lost	Higrock	Won
Cedar Hill	Lost	Central	Lost

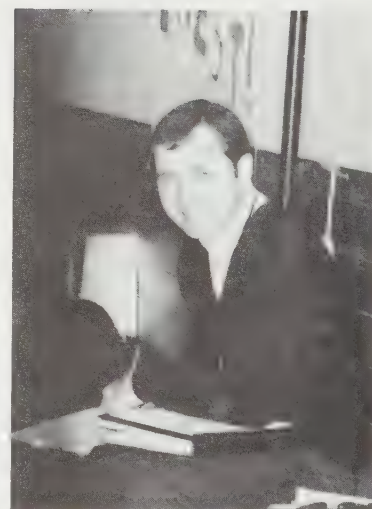


AUTUMN AND WINTER TERM 1975-'76



JUNIOR AND SENIOR SWIMMING TEAM

A strong team this year, captained by Mr. Steele
Greater Victoria 26th Annual Senior Secondary Swim Meet
October 6th, 1975
Norfolk House and SMU - 4th (team placing)
Vancouver Island High School Swim Meet
November 20, 1975
Norfolk House and SMU - 4th (team placing)
5th Annual Schools Age Group Swim Relay Meet
January 31st, 1976
Elementary 6th, Junior 1st
Victoria 49th Annual Amateur Swimming Meet.
February 24th
Elementary
February 14th
Junior Secondary
A well-swum meet by Norfolk but unfortunately lacking in numbers.



Eat your heart out Mark Spitz!

WINTER TERM 1976



CROSS - COUNTRY TEAM

BACK ROW, Left to Right: Miss Flynn, C. Locke, S. Kemble, J. Gibson, C. McAlpine.

FRONT ROW: L. Marsden, J. Gibson, S. Kemble, K. Gibson.

CROSS-COUNTRY SEASON: FEBRUARY 3rd - MARCH 11th

Norfolk Intermediate Team VS

Victoria All - Schools	
Beaver Lake	1st (Team Placing)
Victoria All - Schools	1st
Beacon Hill	
Victoria All - Schools	1st
Cedar Hill	

A highly successful season for a new and young team. The top placers were J. Hill, S. Kemble, but all of the members showed their strength by placing highly throughout the season.



Janet Hill

NORFOLK



SINCE

GRAD GIFTS

The graduates of '75 presented the school with a number of very useful gifts among which were: a calculator for the staffroom, a volleyball, tennis balls, hurdles, and a clock for the main hall.

Perhaps the most heart warming gifts were the wastepaper baskets. Mrs. Gardiner gave Jocelyn Graeme the wastepaper basket she had burned a hole in one in Grade 8, along with a poem about her science skills written on it. Jocelyn, in turn, presented Mrs. Gardiner with a new wastepaper basket.

FIRE SHIELD

For the second year, Norfolk House was presented with the Victoria Schools Fire Proficiency Shield. It was awarded by the Victoria Fire Prevention Bureau along with a permanent Certificate of Merit.

MILK MONEY DANCE

On February 20th grade XI sponsored a dance for grades 10-12 of Norfolk. The grade 11's paid for the dance by contributing some of the money from milk sales. The theme "The Gatsby Style" added to the mood of the dance. Notably Stylish costumes were worn by Cheryl Hay, Lorna Donaldson, Patricia Ostensoe, Nicola Kerr, Jenny Worrall and many others.

Grade XI thanks Mrs. Morris for her patience and time involved in organizing the dance and making it the success it was.

HAMMARSKJOLD DEBATE '76

This year the Hammarskjold Debate Tournament was held in Kelowna. It was opened to all schools in B.C. Our junior team consisted of Gina Wilkinson, Lynda Mary Greene, Lise Moreau, and Terry Henderson. The senior team was made up of Cathy Woods, Cheryl Vickers, Alison Newberry and Darshan Bains. The debaters did very well winning 12 of 16 debates. Gina placed 6th top junior speaker and Cathy placed top senior speaker in B.C.

Special thanks go to Miss Gilroy for accompanying the team and putting up with us for a whole weekend!

SPRING TERM 1975

DRAMA FESTIVALS

On May 7th, Norfolk entered two plays in the Drama Festival, one in the Senior division (Grades 11 and 12), the other, Junior (Grades 8-10). The senior play, directed by Norfolk's drama teacher, Jim Leard, was entitled "CHAMBER MUSIC." The cast: - Andrée Duflèit, Alixe Allen, Ticki Ruthven, Cary Humphrey, Deidre Canty, Joanna Greenwood ... et al.

Andrée Duflèit won an honourable mention for her portrayal of Gertrude Styne.

Colin Skinner, Glenlyon drama teacher, wrote and directed the junior play, "THE CHESS GAME". The cast included Kelly Woods, Carole Tait, Gina Wilkinson, Karen Hambleton, Angela Paine and Lynda Greene, as well as the boys!

Both Kelly and Gina were awarded honourable mentions. The witty play was nominated for the best in its division. The six girls wish to give special thanks to Mr. Skinner for his direction.

TRIAL BY JURY

In June, 1975, Norfolk House and Saint Michaels, directed by Mr. Hurre, presented Gilbert and Sullivan's operetta, "TRIAL BY JURY". It was the first combined effort put on by the two schools and it proved to be a great success. The two main singers were Gail Thompson, who played the plaintiff, and David Cousins who played the defendant. Many thanks go to Mr. Hurne for making the operetta go so well.

AFTER THE PARTY

On June 5th, 1975, the Grade 7's performed the play "AFTER THE PARTY", which they wrote, produced, and directed themselves with the help of Mr. Leard. The cast's costumes were provided by mothers and this added to the effect of well-performed, suspenseful play.



FASHION SHOW

Like everyone else, our 1975 Grade 12's needed money. They wanted, among other things, to maintain the traditional custom of this class and present a parting gift to the school from the graduates.

Somebody came up with the brilliant idea of another fashion show. The girls deserve "A" for their powers of persuasion. Elizabeth Newbury persuaded her parents, the owners of "Lady Anne's" to produce the beautiful clothes. Liz Arnott persuaded her mother to join her in wearing them, and three teachers, the Mrs. Gardiner, Jenkins and Williams were also conscripted as models.

We had great fun. The store enjoyed the advertisement and resulting sales and best of all, the Grads made about \$250.

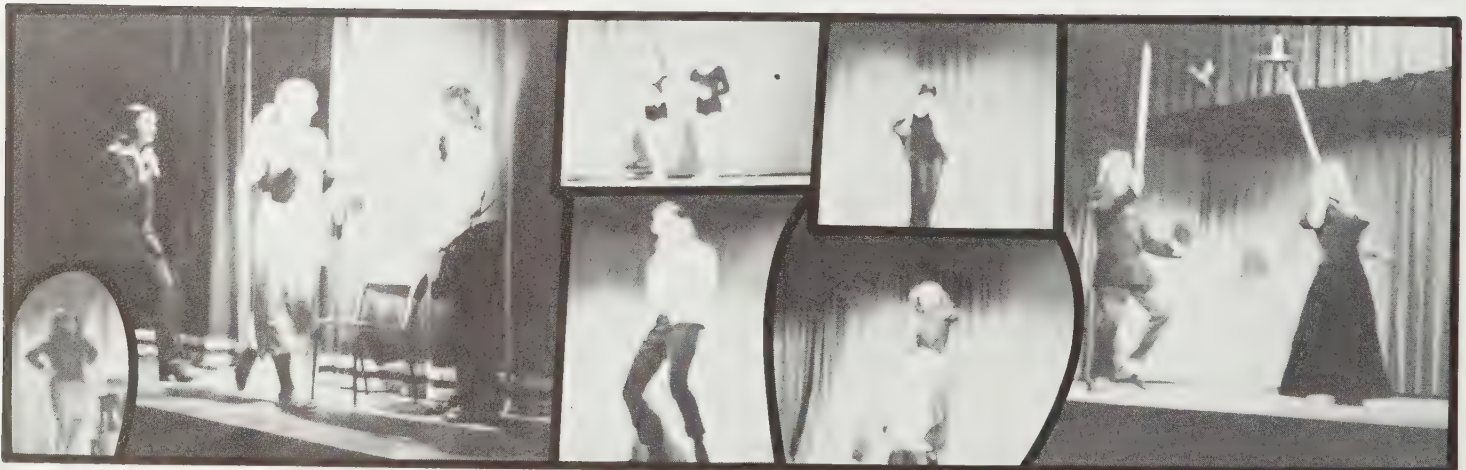
Many thanks to all who participated, making it another great success.

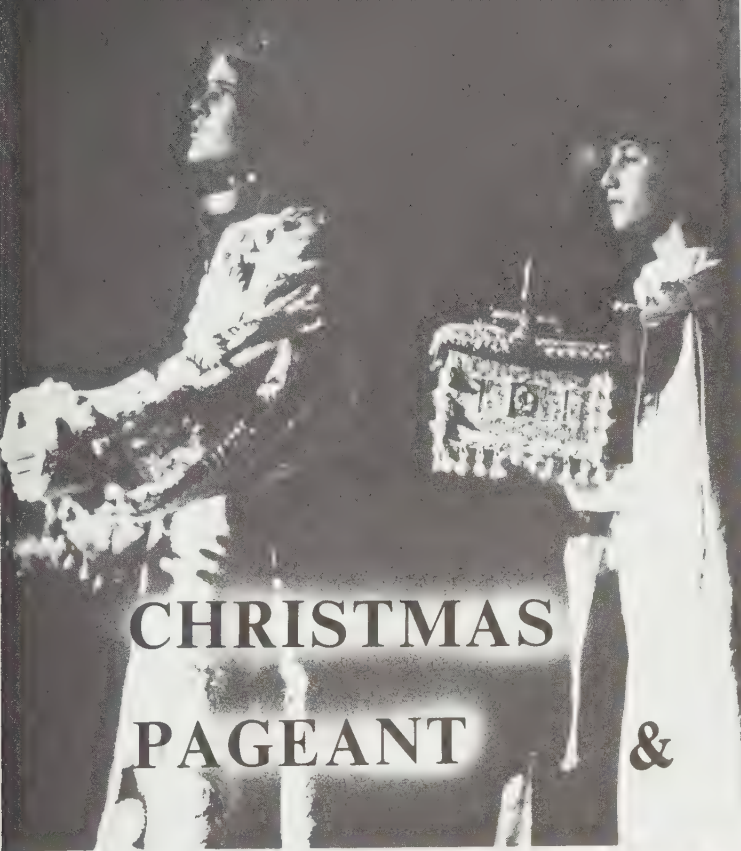
ART SHOW

The Art Department held an art show in June, 1975. Projects from Grades 5 to 12 were displayed. It was a very successful exhibition.

TALENT SHOW

Grade 10 organized a fantastic talent show which included a variety of short performances. The theme of this show was International Woman's Year but this was not a strict guideline. The highlights included Darshan Bains' interpretation of Miss Gilroy and Mr. Leard choosing Joanna Greenwood for his date on the Dating Game.





CHRISTMAS PAGEANT &



THOUGHTFUL



BUMPTIOUS



MOTHERLY



PETULANT



GRADE 12 CHRISTMAS PLAY



PIOUS



SWEET



SLY



CHRISTMAS CONCERT

This year Norfolk used a medieval theme for the Christmas Pageant. Thanks to lighting by Mary Ann Wiggins and Alixe Allen, music, costumes organized by Grade XI and "The Three Kings" costumes loaned by the Christ Church Cathedral, the medieval atmosphere was effectively achieved.

The programme flowed from start to finish. Girls from every grade took part and contributed their own special abilities, making the concert interesting and varied.

After being ushered to their seats by members of grade IX, the audience settled down to listen to the harpsichord, played by Mr. Thomas and Barbara Bricker accompanying with her flute. Slowly villagers came in singing up the aisle through the audience. Then there were morris dancers, mummers and jesters, a song by the senior choir, shepherds and kings searching for Jesus and finally the main play, "The Innkeeper's Daughter". It was directed by Mrs. Stephenson, and acted by the grade X and XI drama class.

Mrs. Penn, the Programme Director, spent a great deal of time organizing the Christmas Pageant, along with Mr. Thomas, Mrs. Gardiner, Mrs. Ward, Miss Flynn, Mr. Steel and Mrs. Allin. Thanks to them the concert was enjoyed by everyone and proved a success.



GRADE 12 CHRISTMAS PLAY

Grade 12, in the true traditional spirit, treated the school with a thrilling tale of Mother Goose and filling meal of cake and juice. Thanks, grade 12, for another year of Christmas fun.

THE PHANTOM SILHOUETTE

A dazzling production, sponsored by Mr. Fauteux, Mr. Wells, and the Mother's Auxiliary, of an historic look through fashions was put on at the McPherson Playhouse on February 25. Models selected from Norfolk and Winshaw Dance Studio wore authentic clothes and jewellery from the years 1850-1950. The evening was one of both historic interest and pure entertainment with a wine and cheese party to conclude the evening. Two shows were put on and both proved to be successful and enjoyed by all. Thanks to all the hardworking parents and girls who made it such!

SCHOOL CLOSING - FRIDAY, JUNE 20th, 1975.

CERTIFICATES FOR PROFICIENCY:

GRADE VI		
GRADE I:	Marie-Josée Boivin Angela Leach Fiona McCaw Jessica Mathers Sarah Morris Tania Planedin Alexandra Wardell	Hilary Fletcher Katherine Gibson Celia Greenwood Sharon Kemble Sara MacIntosh Tove Rasmussen Peta Tibbetts Susan Walker
GRADE II:	Veryan Angus Rosemary Barlow Nicola Creek Jayce Henderson Blakeslee Humphrey Megan Jenkins Maurine Johnson Louise Kemble Wendy Tse Catherine Weidner	GRADE VII: Cornelia Coe Victoria Horner
GRADE III:	Rachel Jackson Christine Mathers Janet Rowe Carol Waldmann	GRADE VIII-L: Louisa Bushnell Jacqueline Gibson Heather Wallis
GRADE IV:	Shauna Cavaye Jennifer Hanley Carla Luna	GRADE VIII-M: Brigit Bulling Lisa Doyle Rejan Farley Kelly McGuirk Jill Wilkinson (absent)
GRADE V:	Sylvie Abrioux Hilary Logan Rebekah Stewart	GRADE IX: Lynda-Mary Greene Lise Moreau
	GRADE XI:	Andrée Duflët Sue Horner Cathy Woods
	GRADE XII:	Jocelyn Graeme Pamela May Gail Thompson

BOOK PRIZES:

GRADE I:	Progress in Reading -----	Fiona McCaw
	Progress in English Language -----	Marie-Josée Boivin
	Music Primary -----	Jayce Henderson
GRADE II:	Arithmetic -----	Andrea Beirne
	All-round Improvement -----	Adrienne Wells
GRADE III:	Reading -----	Kathleen Barr
	Consistent Effort -----	Caroline Creighton
GRADE IV:	Outstanding Achievement and Citizenship -----	Shauna Cavaye
	Story Writing -----	Carla Luna
GRADE V:	Consistent Excellence in Written English -----	Sylvie Abrioux
	Consistent Effort -----	Shannon Smith
GRADE VI:	Science -----	Katherine Gibson
	English -----	Hilary Fletcher
	Music Junior -----	Shelagh McIlree
GRADE VII:	French -----	Victoria Horner
	Outstanding Improvement -----	Janet Hill

GRADE VIII:		
	L: French	Louisa Bushnell
	Art	Heather Wallis
	Intermediate Music	Sandra Cameron
	M: English	Carol Fisher
	Social Studies	Kelly McGuirk
GRADE IX:	Social Studies	Lise Moreau
	Art History	Darshan Bains
		Virginia Crofton
GRADE X:	Modern Languages	Andrea Doyle
	Social Studies	Cheryl Vickers
	English	Carole Tait
	Barbara Taaffe Art Prize	Andrea Doyle
GRADE XI:	Modern Languages	Andrée Dufleit
	Social Studies	Cathy Woods
	Biology	Susan Horner
	Governor General's Medal	Gail Thompson
GRADE XII:	Senior Science	Pamela May
	Geography	Lynne Dixon
	Mathematics	Amy Lau
	French	Jocelyn Graeme
	Alliance Française French Prize	Gail Thompson
	Spanish	Gail Thompson
	Biology	Jocelyn Graeme
	Senior Music	Debbie Horn
Junior Tennis Singles		Sandra Cameron
Junior Tennis Doubles		Kirsten Olson
		Melissa Couvelier
Senior Tennis Singles		Lynne Dixon
Senior Tennis Doubles		Virginia Crofton
		Alison Gladwell
Walton Cup-Achievement in P.E. in the Junior School		Sharon Kemble
J. John Award for Progress and Sportsmanship		Cynthia McAlpine
E.S.W. Bridgman Cup for Junior Hockey		Cynthia McAlpine
Overman Trophy Competition between S.M.S. and N.H.S.		Norfolk House
Individual House Awards: Caister		Alixé Allen/Briony Penn
	Dereham	Karen Hambleton
	Walsingham	Cynthia Locke
	Wymondham	Helen Nicholson
GRADS OF '63'		Cynthia Locke
Singing Competition		Grade VI
Pooley Cup For Academic Honours		Caister
Cock House Cup		Walsingham
Henderson Cup For Drama		Andrée Dufleit
Charles Heisterman Cup		Alison Newberry
The Prior Cup		Peggy Henry
The D.W. Atkins Prize		Catriona Baldwin
The Burrige Cup		Jonet Ruthven
The Hammond Cup For Merit		Jocelyn Graeme
Rev. George Bell, Bishop of Chichester		Alison Newberry
Austen - Leigh Award		Elizabeth Newbury



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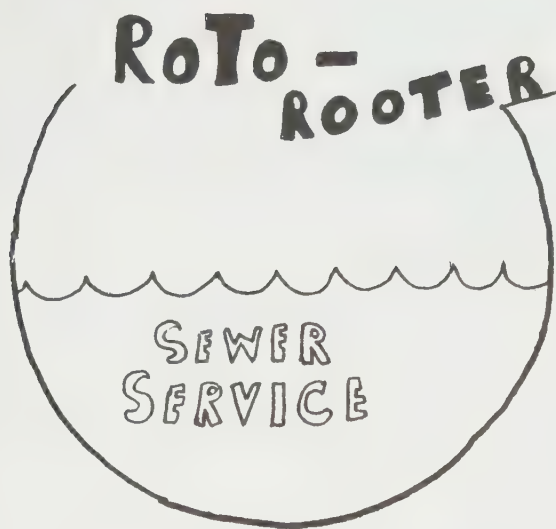
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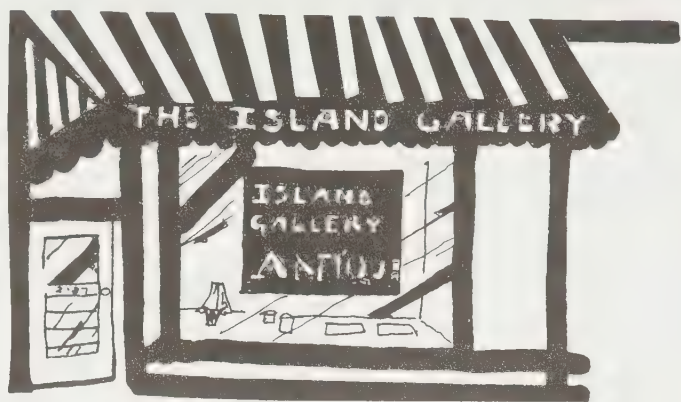
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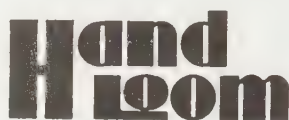
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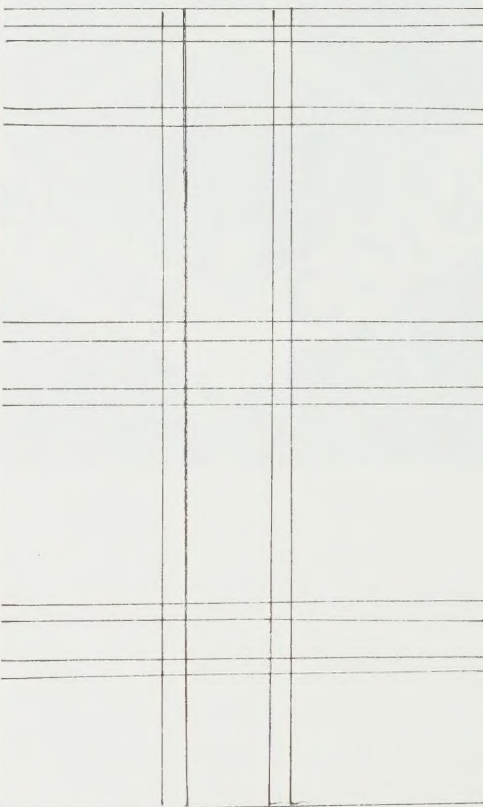
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